



PARTNERING FOR SUCCESS!

COVID-19 taught us a valuable lesson: The community that works together, thrives! Whether it was the Greater Englewood Chamber of Commerce partnering with the city on COVID-19 business support and recovery programs, or the nonprofits of Change the Trend partnering with others and the city to help the most vulnerable among us, the power and importance of civic partnerships was on full display.

GET INVOLVED!

Join a nonprofit partner!

- Greater Englewood Chamber of Commerce myenglewoodchamber.com/business
- Change the Trend changethetrend.com
- Big Brothers Big Sisters of Colorado biglittlecolorado.org
- Englewood Lion's Club englewoodlionsclub.com
- Englewood Rotary Club rotaryclubofenglewood.org
- Meetups
 meetup.com/cities/us/co/englewood

Volunteer!

- Special events
- Parks, recreation, library and golf englewoodco.gov/volunteer
- Be a Tool Day of Service beatool.org

Learn!

- Chamber Thought Co-op and Idea Lab myenglewoodchamber.com
- Civic Club Weekly Programs
- Historic Preservation Society Lectures historicenglewood.org
- Englewood Police Citizen's Academy englewoodco.gov

ELEVATE ENGLEWOOD LEADERSHIP ACADEMY

Coming soon! Check for details at englewoodco.gov

LOVE WITH AU UMN Evens

Celebrate Englewood: Touch a Truck/Steamroller Event

SATURDAY, AUGUST 28 · 10 A.M-2 P.M.

Denny Miller Field and EPD Plaza – 3600 S. Elati St.

Have you ever wanted to check out the City of
Englewood's fleet? Now is your chance! This event
includes unique city vehicles and artwork created with
the power of a steamroller. See them up close and learn
more about what they do to keep our city rolling.



Silent Disco

FRIDAY, SEPTEMBER 10 . 7-11 P.M.

CivicCenter Amphitheater – 1000 Englewood Pkwy.

Come dance the night away at the Englewood Silent Disco.

This is an awesome event where you get to pick the type of music you want to dance to and listen as loud as you want! If you don't feel like dancing, then grab a snack, a beer from the beer garden, and watch everyone else show off their moves.

Household Hazardous Materials Drop-Off Event SATURDAYS: SEPTEMBER 18 & 25 · 8 A.M.-2 P.M. Englewood Service Center - 2800 S. Platte River Dr.

This event offers safe disposal of household hazardous materials and electronics/office equipment for residents and businesses of Englewood, Littleton, Sheridan and Columbine Valley. *Proof of residency is required.*

See which materials and electronics are accepted and costs associated with disposal at englewoodco.gov/hazardous-materials.

Neighborhood Rehab Project SATURDAY, SEPTEMBER 11

Register to give back to your community and help address warmth, dryness and safety needs for homeowners in Englewood. Or, nominate yourself or a neighbor to be the recipient of the program's support.

Learn more at **beatool.org**.



Englewood Market FIRST SATURDAYS IN OCTOBER, NOVEMBER AND DECEMBER

Stock up on fresh produce and hand-crafted delights at these local, outdoor markets. Locations vary, so visit the monthly event listing for more details.

Holiday Market and Tree Lighting SATURDAY, DECEMBER 4

Market times: 2-6 p.m.; Tree lighting: 5:30 p.m.
Englewood City Hall – 1000 Englewood Pkwy.
Kick off the holiday season with a festive tree lighting event and enjoy vendor and business booths, crafts and food.

We have a new special events website dedicated to activities around the city. Visit englewoodco.gov/events to learn more about all the events listed above.

















Contents

- 1 Fall in Love with Autumn Events
- Welcome Message from Mayor Linda Olson
- 5 Council Corner: Council Members
 Joe Anderson and Steven Ward
- 6 Englewood's Trash Talking Continues
- Helping Those with Autism Reach new Heights
- 8 Serve Your Community
 Two Ways to Connect
 with Neighbors
- Building Better Communities
 Saddle Up for Englewood's
 Newest Public Art Installation!

- The Road Map for Residential Development
- Hope for Homelessness in Englewood
- Supporting Local Businesses through COVID-19 Recovery and Beyond
- Rising Rates are a Continued Investment in Englewood's Future
- Downtown Development
 Authority Hits the
 Ground Running
- Englewood Falls Short in Quest for Prestigious All-America City Award

- Art in the Park
 New Software Streamlines
 Building Services
- Road Surface Tester Hits the Streets
 Digital Tools to Keep You Connected and Informed
- Little Dry Creek: A Beautiful Social Experiment

 A Pollinator's Paradise
- MOA's Fall Exhibition Showcases Emerging Artists
- 20 It's a Beautiful Day in the Neighborhood
 At Last: A New and Improved Romans Park

Recreation

- **22** General Facility Information
- 23 Englewood Recreation Center
- **24** Malley Recreation Center
- 26 Englewood Library
- 29 Computer / Tech Classes
- 30 Broken Tee Golf Course
- 31 Adult & Youth Athletics

- 32 Aquatic
- 33 Swimming Lesson
- 33 Water Fitnes
- 36 Active Kids
- 38 Cultural Programs
- 40 Enrichment & Education
- 42 Excursion
- 45 Outdoor Hikes

- 46 Special Events
- 47 Adult Fitne
- 50 Active Adult Fitness
- 52 Yoga & Tai Chi
- 54 Pilates
- Parks at a Glance
 Your guide to city parks
- Get Out and Explore!

 $\mathbf{2}$

LINDA OLSON MAYOR OF ENGLEWOOD



Building our Civic Infrastructure

As our community and the nation emerges from many months of needed precautions to keep us safe from COVID-19, I'm more aware than ever of the importance of partnerships and civic engagement. During the pandemic, the City of Englewood partnered with more than a dozen organizations to provide rental assistance, job skills training, COVID-19 testing, financial resources to businesses and vaccination clinics. Some partners in this effort included the Greater Englewood Chamber of Commerce, the nonprofit Change the Trend, Arapahoe County, Englewood Schools, Tri-County Health, Arapahoe County Community College and our faith communities, to name a few.

Partnerships like these and robust community engagement are the backbone of our civic infrastructure.

As my tenure on city council nears completion this fall and I reflect on some of the troublesome times, it was often due to an unwillingness to engage in deeper conversations, find common ground and imagine solutions together. It is through strong engagement with residents combined with the dedication of city council, our outstanding city staff and exceptional business, nonprofit and educational partners, that we can tackle many of our most pressing issues head on. And we have been making strides on all fronts.

We have more residents working on city task forces and applying for boards and commissions than ever before. We are communicating more with residents through new online engagement platforms, social media and traditional methods like postcards and this *Englewood Citizen* magazine. On most any day, volunteers can be seen planting flowers at our parks, cleaning up our waterways or a neighbor's yard or serving lunch at the Malley Recreation Center. You can register for notifications of future events and see all current volunteer opportunities on Englewood Engaged. Because of you, our civic infrastructure is being renewed.

And we have more to do. To continue building our civic infrastructure, we need more residents joining the Parent Teacher Association, signing up for Englewood Engaged, participating in a local civic organization like Lions or Rotary Clubs, speaking at city council meetings, joining city boards and commissions, serving on a chamber of commerce committee, joining an Englewood Meetup, hosting a neighborhood block party or running for one of the four open seats for city council this fall.

I hope you sense, as I do, the excitement building in Englewood. This is a direct result of you, the residents and stakeholders of Englewood. Our future is bright, and as your local government, we pledge to partner more, listen more inclusively, communicate more, and collaborate to help build and maintain our civic infrastructure that makes Englewood a great place to live. Be engaged!

Linda Olson, Mayor, District 2 lolson@englewoodco.gov • 303-503-4020

The views expressed in the city council member columns are the views of the individual council members and do not necessarily represent the views of the City of Englewood or the city council as a whole.

Firglewood CITY COUNCIL



Mayor Linda Olson District 2 303-503-4020



Mayor Pro Tem
Othoniel Sierra
District 1
720-551-3301



Joe Anderson
District 3
720-998-6116



Dave Cuesta
District 4
303-881-2978



Rita Russell At Large 303-639-6181

Steven Ward

303-900-8811

At Large



Cheryl Wink
At Large
720-409-0876





One of the most critical challenges our city faces is the continued rise in housing prices. For many people, rising rents and property taxes put a distressing but manageable pinch on the household budget, but for some people, the increased cost pushes them over the edge and into homelessness. Government programs, such as housing vouchers and subsidized

apartments, help many people, but they only provide a small fraction of the affordable housing units needed.

What can the city government do to help? I believe reforming the city's zoning code is one of the most important things we can do to make housing more affordable in the long run. The aim here is to make it easier for the free market to provide the much-needed affordable housing units.

In 2019, city council amended the zoning code to allow homeowners to build small housing units (called accessory dwelling units or ADUs) on their property. It was a good start, but unfortunately, several provisions of this ordinance made them almost impossible for homeowners to benefit from the update. For example, one condition requires the unit to be detached, making them cost-prohibitive. Since that ordinance was passed in 2019, only two ADUs have been built.

If we amended this ordinance to allow attached ADUs, internal ADUs and existing garages to be converted to ADUs, we would begin to see an increase in market-based affordable housing. Many other provisions within our development code add barriers to affordable housing (limitations on missing middle housing, excessive parking requirements and occupancy limitations). Of course, some of these requirements are important. We don't want to eliminate safety requirements or allow our neighborhoods to undergo a radical, sudden change. But with the right changes, we can make Englewood a better and more affordable place to live.

City council is currently working on a comprehensive rewrite of our development code to address affordable housing and many other important aspects of how our city is shaped. Visit engaged.englewoodco.gov to weigh in on this and other issues, or call me with your thoughts.

Joe Anderson, District 3

janderson@englewoodco.gov • 720-998-6116



It's fall in Englewood, and in contrast to last year's canceled events, this year presents numerous – and new – opportunities to get out and visit with your neighbors and friends. Englewood is working diligently every day to build a greater sense of community. The city has made many investments in the people and things that can bring us all together.

Englewood's summer concert series returned this year with events at the City Center Amphitheater. The final concert of the season is August 12 featuring the Raising Cain band.

If you appreciate an opportunity to spend time with folks in your neighborhood, check out our Neighborhood Nights events. You can find a schedule online at englewoodco.gov/events. Each event features a food truck and block party trailer in one of Englewood's local parks. These events take place multiple times a month through September.

There are also some new and exciting events coming soon. On September 9 from 7 to 11 p.m., at the City Center amphitheater, come dance the night away at the Englewood Silent Disco. You'll get to pick your own music and play it as loudly as you choose!

Come "Celebrate Englewood" on Saturday, August 28 from 10 a.m. to 2 p.m. There will be representatives from different city departments and divisions. This a great time to meet city employees, ask questions and learn how you can become more involved. This event will feature multiple activities and steamroller art!

Our summer events season wraps up with the annual Englewood Block Party. I'm really looking forward to the Block Party this year after missing it last year because of COVID-19 restrictions. The Block Party is on Saturday, September 18 along the 3400 block of South Broadway. There will be live music, food trucks, various vendors and a beer garden.

While it's certainly going to be a busy fall, I'm looking forward to each of these new opportunities to get out, meet my neighbors and make new friends. Englewood is a great community and I am grateful for the opportunity to serve you as a member of city council. For a complete list of dates and times, visit englewoodco.gov/events.

Steven Ward, At Large sward@englewoodco.gov • 303-900-8811

ENGLEWOOD

CITY MAGAZINE &
RECREATION GUIDE
FALL 2021

Publisher: Chris Harguth

Chief Editor: Kristen Knoll

Creative Director:

John Litel

Art Director: Mike Greenwald

Contributors:

Toni Arnoldy Allison Boyd

Ryan Burke

Vanessa Davis-Walker Illianna Degollado Ann Lauricello

Julie Madden
Brenna Saunders
Maggie Shafer

Photos by:

Printed in Englewood by Publication Printers

Ryan Burke

ON THE COVER: The Eat, Explore, Enjoy campaign encourages residents and surrounding visitors to experience Englewood's food, art, culture and activities. Pictured is Marie and Yasu Hotta.

ENGLEWOOD'S TRASH TALKING CONTINUES

Organized garbage collection decision likely in early 2022

The city will be issuing a new request for proposals (RFP) for potential waste haulers to provide organized garbage and recycling collection – a system where the city contracts with a single vendor who would then provide trash service to all residential properties.

Currently, garbage service in Englewood is classified as an open subscription system, where property owners contract with a service provider and pay the company directly.

Benefits of the organized system include:

- Increased efficiency
- Potentially lower cost per household, for some
- Decreased impact from truck traffic
- Decreased fuel consumption
- Competitive bidding process ensures a low price

The drawbacks are that households would not choose their provider, there would be more limited opportunities for hauling companies and more administrative involvement by the city.



The initiative, nicknamed Talk'N Trash, started in 2019 when the city first began exploring the possibility of changing to an organized collection system. Last summer, city council formed a citizens' advisory committee to review initial proposals and make recommendations. In December, city council approved the committee's recommendations to reject the initial proposals received and develop a new RFP with a series of changes. These modifications were approved in June.

The next round of proposals will be received and evaluated in the fall, and public outreach efforts will take place before city council decides the next steps. The final decision will likely be made in early 2022.

CONGRATULATIONS CITY OF ENGLEWOOD!

CITY AWARDS
All-America City Finalist (2021)

Governor's Award for Downtown Excellence – Award for Englewood's Downtown Plan for "best planning" in the State of Colorado (2021)

COMMUNITY AWARDS

Englewood Public Library – Named Organization of the Year (2019) and given the Resilience & Innovation Award (2020) by the Greater Englewood Chamber of Commerce

STAFF RECOGNITIONS

Lisa Allen, Analytical Chemist at South Platte Renew

Received the Analyst of the Year Award from the Rocky Mountain Water Quality Analysts Association

Jimmy DiPiazza, Streets Equipment Operator Recently completed Traffic Control Supervisor Class and finished the certification process

Shawn Lewis, City Manager

Named Chamber Member of the Year (2020) by the Greater Englewood Chamber of Commerce



HELPING THOSE WITH AUTISM REACH NEW HEIGHTS

Treeline Pass, a day program dedicated to helping adults with autism, first opened its doors in 2020, and it's already having remarkable success.

The program was founded by several parents whose children attended the Joshua School in Englewood. Executive Director Mike Insalata explains, "There was concern about what would happen to their children's futures, to their personal growth and life purpose, after they aged out of public school support. They wanted a long-term solution but couldn't find anything viable. That's where the idea sparked."

Insalata is a previous director at the Joshua School and has worked extensively with individuals with developmental disabilities. He came to work at Treeline Pass because he believes in the organization's unique vision and the need for better support for autistic adults.

"I felt like if I didn't do something, my work with helping school-age autistic students was going to waste," he says.

What sets Treeline Pass apart from many other programs is its serious commitment to helping its clients find volunteer and employment opportunities that match their interests. According to Insalata, "We want each individual to attain the highest quality of life possible and that looks different for every person."

When clients join the program at Treeline Pass, they receive Applied Behavior Analysis therapy and are matched with at least one, if not two, or even three, volunteer or paid opportunities.

Two new clients joined Treeline Pass this year, and Insalata reveals that both have already found success in the Englewood community. One works part-time at both the Civic Center mailroom and the Englewood ServiCenter; the other has found a placement at Café 180, where he can work with food, a longtime passion of his. Both are thriving with their newfound responsibilities.

The program has plans to continue to grow and is on the hunt for a new location in Englewood (currently, it is based in Denver). "We have a strategic plan," Insalata says. "We are hoping to serve up to 50 people in the next 2–3 years. That's our near-future end goal."

SERVE YOUR COMMUNITY ON CITY COUNCIL OR AS THE MUNICIPAL JUDGE

City elections take place November 2

On November 2, voters will elect a representative from District 2, District 4, and the municipal judge for a four-year term. There will also be two at-large positions elected, one for a four-year term and one for two-year term. All municipal elections are nonpartisan.

City Council Candidate Eligibility:

- Be a citizen of the United States
- Be 25 years of age or older
- Be a registered elector of the city for at least one year immediately preceding the election
- Council members elected to a specific district must also be residents and registered electors of their district

Municipal Judge Candidate Eligibility:

■ Be an attorney-at-law admitted to practice in Colorado

.....

 Have a minimum of two years experience in the active practice of law Each candidate must be nominated by petition signed by at least 50 registered electors residing within the municipality, or the district, from which the officer is to be elected. The petitioning process takes place in August. Only petitions obtained from the city clerk's office may be circulated.

August 23 is the last day to file nomination petitions and they must be received by the Englewood City Clerk by 5 p.m. This election will be a mail-ballot election coordinated with Arapahoe County. Ballots will arrive at households in mid-October. Visit **govotecolorado. com** to confirm your voter registration is active and your mailing address is current.

For more information, contact the Englewood City Clerk's office at cityclerk@englewoodco.gov or 303-762-2430.

Englewood Schools has four out of five Board of Education seats up for election this November. Learn more about the candidates and upcoming election events by visiting englewoodschools.net/election.

TWO WAYS TO CONNECT WITH NEIGHBORS



Neignoomood Nignis Join vour neighbors for

Join your neighbors for an evening in our community parks! Neighborhood Nights encourages neighbors to get outside and meet new acquaintances or reconnect with local friends. Food trucks will dish out tasty meals and treats, and the city will provide yard games for all ages to enjoy from 4–8 p.m. on select Thursday and Friday nights through August and September. Bring your lawn chairs, picnic blankets and an appetite! Visit englewoodco.gov/events for park locations and a list of participating food trucks.



Summer Neighborhood Gatherings

Residents are encouraged to apply for \$100, \$300 or \$500 grants to purchase supplies like food, materials or activities to enhance a neighborhood gathering focused on building community with neighbors. These gatherings may include block parties, ice cream socials, neighborhood parades, neighborhood cleanups and more! The community block party trailer is also available to rent and is filled with tables, chairs and other party musthaves to help your event run smoothly. Apply for grant funding at englewoodco.gov/neighborhoods.

BUILDING BETTER COMMUNITIES ONE NAIL AT A TIME

The "Be a Tool" initiative brings neighborhoods together through home improvement projects

This summer, more than 80 neighbors rallied together to help six Englewood homeowners repair fences and windows, fix up yards and perform other general home improvement projects as part of the Neighborhood Rehab Project's "Be a Tool" initiative. In one day, this group of volunteers was able to accomplish lasting home improvements while also building community relationships that will last for years to come.

The City of Englewood's Neighborhood Resources Program partners with the Neighborhood Rehab Project for their annual day of service, focused on helping the elderly, people with disabilities, veterans, single parents or otherwise financially burdened homeowners repair and beautify their homes by working with local volunteers.

Home project nominations often come from neighbors, website signups, code enforcement referrals or churches. If the project qualifies, it will be scheduled as part of the day of service. Project leaders are always members of the neighborhood, so it's truly a community effort in alignment with the Neighborhood Resources Program's mission to build strong and inclusive neighborhoods.



"This is a wonderful example of neighbors helping neighbors, and everyone coming together and working for the betterment of the community," said Neighborhood Resources Coordinator Madeline Hinkfuss.

Englewood's next day of service will be hosted on Saturday, September 11. To nominate a project or sign up to volunteer, fill out the application at englewoodco.gov/rehab-project.

SADDLE UP FOR ENGLEWOOD'S NEWEST PUBLIC ART INSTALLATION

The much-anticipated Swedish horses are ready for viewing

The Swedish Horse Corral Project – a public art installation utilizing fiberglass horses and harnessing the talent of local artists – has created a unique community experience, spanning the new Englewood Downtown Development Authority boundaries and connecting the Civic Center and wellness corridor.

The project, funded by the Art in Public Places Program and installed in July, was open to all artists, from the acclaimed to the amateur. Of the nearly 60 submissions the Englewood Cultural Arts Commission accepted, 10 were selected based on overall aesthetic and what the committee felt best represented Englewood.

The designs range from nature-inspired to geometric, and even a few that directly incorporated elements of Englewood's history.

A reception was held in July to celebrate the artists and their work, as well as the completion of this much-anticipated project.

For more information, including a map of the horses' locations, visit **englewoodco.gov/swedish-horses** or follow the city on social media.





THE ROAD MAP FOR RESIDENTIAL DEVELOPMENT

CodeNext will guide future development in Englewood

As new residential developments and projects continue to pop up across Englewood, the city has relied on the Unified Development Code (UDC) to determine what fits into the larger vision for Englewood and what doesn't.

The UDC includes regulations and design standards that address zoning, land uses, building setbacks, building height, parking, landscaping, neighborhood character and application procedures. This is one of the primary tools used to support the city's comprehensive plan, Englewood Forward.

All development in Englewood is guided by various zone districts, which allow for different densities and types of development. Five of the zone districts only permit residential development, and seven are mixed-use districts that permit a combination of residential and commercial development. If a proposal meets the district's requirements where it is located, then a project (whether a single-family house or an apartment building) can be approved by the city's community development department. However, if the project varies from the established elements within the zoning district, some projects may be reviewed by either the planning and zoning commission or the board of adjustment and appeals.

In addition, some developments may be negotiated between the city and a developer through a Planned Unit Development process, or PUD. This action requires review and public hearings by the planning and zoning commission and the city council (which must also vote to approve PUD applications).

While there have been minor changes to the development code in recent years, a

significant update hasn't occurred since 2004. With that in mind, the city has embarked on the CodeNext project – a complete redrafting of the code that will set new standards for future development. The project kicked off with community outreach in 2020 and will continue into 2022.

The CodeNext project strives to facilitate the implementation of the Englewood Forward plan, including incentivizing and maintaining affordable housing, diversifying the types of housing available, promoting mixed-use development and addressing the changing dynamics of employment and industrial lands within the city.

"There are new pressures on development and growth and new concepts that have been tried and tested in other jurisdictions that may work in Englewood to spur affordable housing, create more effective green space, to improve biking and walking in the downtown areas and neighborhoods," said Planning Manager Wade Burkholder. "All of these things will address quality of life elements for the residents of Englewood."

Stay informed at www.engaged.englewoodco.gov/codenext.





HOPE FOR HOMELESSNESS IN ENGLEWOOD

Long-term solutions that benefit the entire community

The natural area along Little Dry Creek in downtown Englewood – known locally as the Duck Pond but officially Little Dry Creek Plaza – had become a problem spot for the parks department. Slated for a \$2 million overhaul in 2022, the plaza has become a place where people experiencing homelessness have camped, often leaving behind trash and personal items.

One of the department's many jobs is to keep the city's parks and natural areas clean and safe for all users. They were spending many hours picking up trash near Duck Pond, just to have more trash appear the next day.

When Parks Supervisor Adrian Torres was contacted by Movement 5280, a local nonprofit, about wanting to help, he was all ears.

Movement 5280 serves the homeless population in Downtown Englewood, but the staff realized some of the food and items they were providing ended up as litter downtown. With that in mind, they connected the parks department with Lisa Blake, a local volunteer with a big heart for the homeless population.

Blake, who has a background in landscaping and had already established relationships with many people experiencing homelessness through her volunteer work, was hired by the city to organize park cleanups and gardening projects in the area.

"I always try to seek to understand first, to learn people's stories," she said. "Many of these people don't have the support they need, or the tools they need to change their situation. One of the reasons I love gardening is because it's like a form of therapy for me, and it can be that way for them, too."

She spearheads work days Wednesdays and Saturdays, offering snacks and drinks for any volunteers to help her with picking up trash, weeding and planting flowers. On any given workday, she has between two and 12 volunteers, lightening the load on the city while changing the culture around the community.

"We're starting to see people encouraging each other not to litter or leave trash in the garden or park area," said Torres. "When people participate in the cleanup, they want to keep it that way."

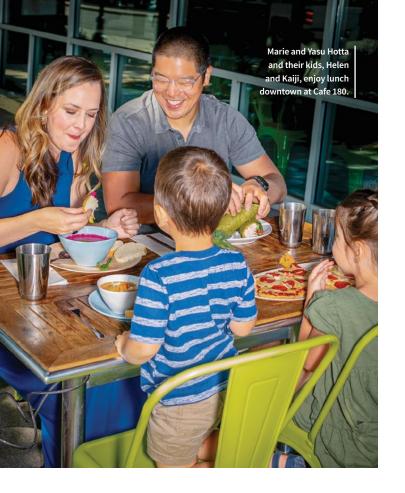
Little Dry Creek Plaza is just one example of the ways the City of Englewood is partnering with nonprofits and other stakeholders to address the issue of homelessness.

The Tri-Cities Homelessness Policy Committee is made up of stakeholders from the cities of Englewood, Sheridan and Littleton, including mayors, council members, city staff, nonprofit groups and community representatives. The group meets monthly to discuss best practices, action items, research and plans to tackle this complex and multifaceted issue.

Tim Dodd, assistant city manager, has been working with the Tri-Cities group since last year and is hopeful about the community's continued improvement when it comes to addressing homelessness and helping those experiencing homelessness to improve their situation.

"Homelessness impacts everyone in a community, most notably the people experiencing it," he said. "It's a challenging issue because for it to be solved, we need to focus on root causes, and develop plans and interventions that can specifically address those challenges. Tri-Cities is working on that."

10



SUPPORTING LOCAL BUSINESS THROUGH COVID-19 RECOVERY AND BEYOND

Eat, Explore, Enjoy campaign celebrates local businesses, attracts neighbors

The city kicked off the Eat, Explore, Enjoy campaign in July, the beginning of an ongoing effort to encourage residents and nearby locals to support Englewood businesses as they bounce back from COVID-19. As part of the campaign, the city will feature local businesses on a video series, and incorporate the messaging into downtown signage, social media, outdoor banners and more.

"As a resident and employee for the City of Englewood, this campaign truly speaks to what makes Englewood such a great place to live and work—our small businesses," said Vanessa Davis-Walker, marketing specialist for the city.

Another way the city has supported businesses throughout the pandemic is through grant funding. Englewood distributed more than \$1.3 million in COVID-19 recovery and assistance grants

through nine different grant initiatives – money that went right back to work in the Englewood community.

Chris Millette, owner of Colore Italian Restaurant, used the grant funding he received from the city to cover COVID-19-related expenses like retaining employees and PPE costs, as well as to install patio heaters, touchless payment systems and an air purification system.

"The simple fact that the city and its representatives were so accommodating and compassionate was the biggest support we could have received," said Millette. "Many of the city employees are longtime customers of Colore, and made special efforts to join us for lunch, dinner and takeout throughout the last year. They were not joining us in an official capacity; they just wanted to show their support!"

In addition to the COVID-19 recovery grants, the city has doubled the size of its Business Initiation and Business Acceleration Grants (from \$2,500 to \$5,000 and \$5,000 to \$10,000) in an effort to support and grow local businesses as the economy begins to normalize again.

"After 2020, supporting our local businesses has never been more important," Davis-Walker said. "From restaurants to shopping, Englewood is a hub for locals and the surrounding areas to come eat, explore and enjoy everything our community has to offer."

One of the primary goals of the Eat, Explore, Enjoy campaign will be to encourage more visitors from surrounding cities to come experience the food, art, culture and many activities Englewood offers – helping businesses not only to recover, but offer more opportunities for growth.

"Business retention is key during this time," said Economic Development Manager Darren Hollingsworth. "We have lots of movement in the community, with businesses growing and expanding, and many more looking to relocate here. I'm very optimistic about the future."



RISING RATES ARE A CONTINUED INVESTMENT IN ENGLEWOOD'S FUTURE

This year's modest utility rate increase ensures water quality and stability

Many residents may have already noticed the moderate increase in their water and sewer bills, as well as the change in billing period from quarterly to monthly. While the changes only recently went into effect, they are the result of a yearlong evaluation of the city's current systems and in-depth assessment for the future.

The City of Englewood's water and sewer rates have been the lowest in the region, but that is not necessarily a good thing. Investment in the water and sewer system infrastructure is needed to increase the level of service to residents – including addressing water taste, odor, hardness and aging water infrastructure.

Following last year's master plan evaluation, a rates and fees study was conducted to plan for investment in capital improvements and optimize system operations as economically as possible. As a result of the study, rate increases and a long-term financial plan to modestly increase rates proved necessary to pay for the capital improvement projects.

The water Capital Improvement Fee (CIF) is specifically calculated to address water taste, odor, and hardness issues as well as for repairs and replacements to the aging water system. Sewer rates were increased to fund the capital improvements at South Platte Renew, the Englewood/Littleton-owned wastewater treatment plant and in the city's aging sewer collection system infrastructure.

The rate increase was implemented in multiple stages in 2021. The first was a \$15 monthly CIF dedicated to funding water system replacements and upgrades. Additionally, water rates increased by



4% and sewer rates increased by 4.5%. The typical monthly water and sewer bill for Englewood residents in 2021 is around \$63.04.

The shift from quarterly to monthly billing provides many benefits:

- It allows residents to better plan for monthly water and sewer expenses.
- It gives residents a heads-up if there are leaks in their homes through monthly water meter reads.
- The city benefits by being better able to address system leaks quickly, reducing water waste.
- Monthly billing aligns the city's utility billing practices with other Front Range communities.
- Monthly billing provides the city with a better understanding of how customers use water seasonally, allowing the city to better manage how water moves through the system.

If you have questions about your water or sewer bill or are experiencing difficulty paying your utility bill due to financial hardship, contact the utilities department for information on the Customer Assistance Program by visiting englewoodco.gov/cap.

FREQUENTLY ASKED QUESTIONS

Q: Will the water and sewer rates continue to increase?

A: Yes, as a part of the city utilities' long-term financial plan, modest rate increases are anticipated annually. Both water and sewer rates may increase about 4.5% per year for the next several years.

Q: What does an annual 4.5% sewer rate increase mean?

A: An annual 4.5% sewer rate increase means the average monthly sewer bill will increase by approximately \$1.10.

Q: What does an annual 4.5% water rate increase mean?

A: An annual 4.5% water rate increase means the average monthly water bill will increase by approximately \$1.05.

Q: Will the stormwater rate increase each year?

A: Stormwater rates are scheduled to be increased in 2022 and 2023 to pay for planned storm sewer capital projects and maintenance needs.

Q: Will the monthly Capital Investment Fee increase?

A: Yes, the monthly Capital Investment Fee is scheduled to increase by \$1.00 every two years. It will remain at \$15.00 per month for 2022, but it will increase to \$16.00 per month in 2023.

 $\sim\sim\sim\sim\sim\sim\sim\sim\sim\sim$

ENGLEWOOD DOWNTOWN DEVELOPMENT AUTHORITY HITS THE GROUND RUNNING

The newly established organization is already energizing the downtown community

Downtown plan wins statewide award

The Englewood Downtown Plan was named best in Colorado this year by the Governor's Awards for Downtown Excellence.

"Our new downtown program is one of the most exciting things happening in Englewood today," said Shawn Lewis, city manager. "Englewood is quickly becoming a community of choice in the metro area, and we want to make our downtown more vibrant, connected, green and accessible for everyone."

The Englewood Downtown Development Authority (EDDA) wishes to thank all the community members as well as business and civic leaders who participated in this outstanding project.

Looking sharp, Downtown Englewood!

In June, the EDDA "tidied up" portions of South Broadway and Old Hampden. Contractors swept gutters, removed litter, spraywashed benches and trash cans and spot-cleaned sidewalks. Another cleanup will happen this fall.

Getting to work

The EDDA, which was officially established by voter approval in the election last November, has hit the ground running with numerous projects:

- Applying for economic recovery grants to support businesses and make crosswalks and walkways safer, more accessible and multimodal.
- Supporting safety improvements at crosswalks along Highway 285/South Broadway and enhancements to Little Dry Creek.
- Creating a new website, newsletter and Facebook page.
- Advocating for long-term funding for large, multi-year downtown projects and improvements.

Keep the momentum going

Look for this fall's Downtown Now ballot measure, where downtown voters will be asked to authorize debt to fund downtown projects without raising taxes.







Connect on Facebook:

@Englewood.Downtown



info@EnglewoodDowntown.com



ENGLEWOOD FALLS SHORT IN QUEST FOR PRESTIGIOUS ALL-AMERICA CITY AWARD

After a competitive process, 10 highly successful communities were named All-America Cities. Englewood was honored to be named one of 20 finalists for the esteemed National Civic League's 2021 All-America City Award.

The honor has been given since 1949 to large and small communities that successfully forged innovative and inclusive plans to solve challenging problems. Over the years, major cities, medium-size townships, small villages and Native American tribes have all been recognized.

The City of Englewood was nominated for its vision and efforts in three key areas:

- Inclusive police reform
- Economic vitality in the face of COVID-19
- Emergency preparedness in the wake of a 2018 flood

"Being named a finalist for the All-America City award was a testament to the accomplishments we've achieved by bringing

together citizens, businesses, local government and nonprofits," Mayor Linda Olson said. "Through collaboration, the entire community benefits. I am sincerely honored that Englewood was a finalist. This prestigious designation was for everyone who lives, works and plays in our great city."

The recent pandemic created its own unique challenges to the 20 communities nominated this year, according to Doug Linkhart, president of the National League of Cities.

"This year's finalist communities have managed the compounding difficulties of the past year, all while building equity and resilience," Linkhart said. "Their accomplishments are a testament to what can be achieved when government, residents, businesses and other stakeholders collaborate."

The nominated communities in 15 states ranged in size from 9,000 to more than 1.2 million residents.

Upcoming Police Events

SHRED EVENT

Saturday, September 25 • 9 – 11 AM Englewood CityCenter Circle 1000 Englewood Parkway

Bring your household documents to be shredded and recycled at this year's shred event!

COFFEE WITH A COP

Wednesday, October 6 • 7:30 – 9 AM Breakfast Queen (3460 S. Broadway)

NATIONAL PRESCRIPTION DRUG TAKEBACK DAY

Saturday, October 23 • 10 AM – 2 PM Denny Miller Field parking lot (directly across from the Englewood Police Department) • 3600 S. Elati St.

Properly dispose of your unwanted prescription and over-the-counter drugs at this year's Drug Takeback event!

THANK YOU, JEREMY BITNER RACE PARTICIPANTS!

This year, we had more than 300 race registrants. The fund has served 19 families since its start nine years ago. We are grateful to our race participants who continue to support our law enforcement family and the community!

14

ART IN THE PARK

Cushing Park gets more colorful

Inspired by a graffiti art class that featured Keith Haring, soon-to-be art teacher Erin Rademacher worked with students Garrett Krecklow and Bre Weber from Colorado's Finest High School of Choice to design five murals for the park. Local skaters and grade schoolers helped bring the designs to life by painting the murals at Cushing Park's skate park.

NEW SOFTWARE STREAMLINES BUILDING SERVICES

A new, user-friendly online system is set to launch in early August. The system will streamline services for contractors, developers and homeowners by providing online permitting and development services for building, planning and zoning, fire, utilities and public works.

Now, it's easier than ever to conduct business with the city and complete the following transactions online:

- Submit permit and planning applications
- Upload plan submittals
- Complete contractor licensing
- Pay fees

Explore the new online tools at englewoodco.gov.



TIME FOR LUNCH!

Englewood hosts summer meal program

eft to right: Erin Rademacher, Kim Young and student artist Garrett Krecklow

Englewood Public Schools' Summer Lunch Program returned to the city's Civic Center location after a yearlong hiatus. The school district hosts various breakfast and lunch sites during the summer months to ensure students, ages 18 and under, stay nourished while classes are out. The program ran from June 1-July 30, Monday-Friday.

As a host site and a partner with the school district, the city



ROAD SURFACE TESTER HITS THE STREETS

A state-of-the-art vehicle that accurately reports road maintenance

While driving through Englewood, you might see new projects popping up or new city vehicles cruising through town. The public works department has started a video series called Potholes to Pipelines to inform the community about upcoming projects, technology and information, all related to the streets in Englewood.

The Road Surface Tester (RST) is the newest road technology to be part of the public works department fleet. The RST is a vehicle with state-of-the-art technology that surveys the city's streets using lasers, distance measuring instruments, accelerometers, rate gyroscopes, GPS navigation and high-resolution video to deliver road quality reports accurately.

The RST vehicle can evaluate up to 40 miles of streets per day in an urban environment. It can also collect pavement surface distress data, roughness and rutting to calculate an overall condition rating for the street segment. Using this data-driven information, staff can provide routine, preventative and corrective maintenance on the roads.



To learn more about the RST vehicle, visit englewoodco.gov. If you would like to offer suggestions or ideas for the Potholes to Pipelines video series, send your requests to communications@englewoodco.gov.

HOP ABOARD ENGLEWOOD'S FREE TROLLEY

The cheapest way to travel Englewood

Englewood offers a convenient way to travel from the CityCenter light rail station to downtown Englewood or to the wellness district where Craig Hospital and Swedish Medical Center are located – by catching a ride on the trolley. The free trolley runs every fifteen minutes from 6:30 a.m. to 6:30 p.m., Monday-Friday.

The local bus service began in 2004 as a project to demonstrate how transit can reduce congestion on the streets and help improve air quality. Roughly 7,000 riders enjoy the shuttle each month.



DIGITAL TOOLS TO KEEP YOU CONNECTED AND INFORMED

Microsites focus on events, recreation and businesses

Community Events

Looking for events? Find upcoming event information all in one place! Explore upcoming events or apply to become an event sponsor or vendor.

VISIT: englewoodco.gov/events

Business Resources

Start a business, apply for grants and get the latest business news. This microsite is dedicated to our local business community.

VISIT: englewoodco.gov/business

Play Englewood

Play Englewood is a new website dedicated to parks and recreation information. Here you'll find:

- An updated look that is cohesive with the City of Englewood's main website
- A hub for all parks and recreation resources
- A dedicated calendar and news section exclusive to parks and recreation information
- Clear navigation to find upcoming programs and classes quickly

VISIT: englewoodco.gov/play



LITTLE DRY CREEK: A BEAUTIFUL SOCIAL EXPERIMENT

Residents of Englewood can now enjoy an eye-catching and artistic new look near an underpass alongside Little Dry Creek.

Volunteer resident Britt Fuiks saw a potential to beautify the area and what she describes as "an opportunity to bring the whole community together to make that potential a reality." She joined forces with Colorado artist Amanda Wolf and local teachers Erin Rademacher and Emily Ancona to design and fund the project.

Around 15 of Rademacher and Ancona's students participated in the project by submitting design concepts for a mural and then doing the actual painting. The finished mural - a whimsical and colorful design evoking local nature – is approximately 80 feet in length.

Fuiks' vision came to fulfillment as members of the community joined in with their support and enthusiasm, including donations from several local organizations.

"So many people have had a hand in making this happen. I really think this is just scratching the surface," she says. "We're preparing our cities for amazing futures. Why not take advantage of these lowerlying areas and beautify them and prepare them for the future?"

A POLLINATOR'S PARADISE

Introducing Depot Park

Depot Park is an exciting new project underway in the community.

The park was converted from a largely unused bluegrass turf area into a landscape filled with Colorado-native plants, attracting many species of indigenous pollinators, from insects to birds to even small mammals.

The purpose behind the new park is to create an outdoor space that is sustainable and showcases the beauty and wonder of the local environment. The project is still in its early phases of planting, but within three years the plants will be mature enough to produce colorful blooms.

Project lead Danna Liebert is excited about the park as a model for people to learn about sustainable landscaping in their own homes. "Native plants are one of the most accessible, low-cost ways to help the environment," she explains. "They draw carbon out of the atmosphere and require less water. They also attract local pollinators, which we depend on to pollinate the food we eat."

There are weekly opportunities at the park to volunteer with planting and maintaining the landscape, as well as fun lectures and activities to engage adults and kids alike.

To learn more and sign up for opportunities, visit www.engaged.englewoodco.gov/depot-pollinator-park.



MOA'S FALL EXHIBITION **SHOWCASES EMERGING ARTISTS**

The Museum of Outdoor Arts (MOA) is kicking off its fall exhibition with a public artist reception on September 24 from 6-9 p.m. The exhibition will feature work made at MOA by the museum's 2021 artists in residence, as well as works created by eight interns as part of the Design and Build Internship under the tutelage of MOA 2021 artist fellow Tiffany Matheson.

The work by the artists in residence is varied and features some interactive installations. Additionally, the Design and Build interns will create a variety of collaborative installations throughout the main gallery. The exhibition will take place at MOA's indoor galleries on the second floor of the Englewood Civic Center. Admission is free.

Design and Build is MOA's signature education program. Since 1991, it has provided an opportunity for emerging artists, students and creative minds to express their creativity in collaborative art, architecture and design projects. The program generates temporary public art, exhibitions, installations and design concepts and offers lessons in collaborative teamwork, problem-solving and aesthetic and technical considerations.

GET YOUR ASH

ON THE MAP!

Do you have an ash tree

on your property?

You can now tag it on

Englewood's community

engagement platform -

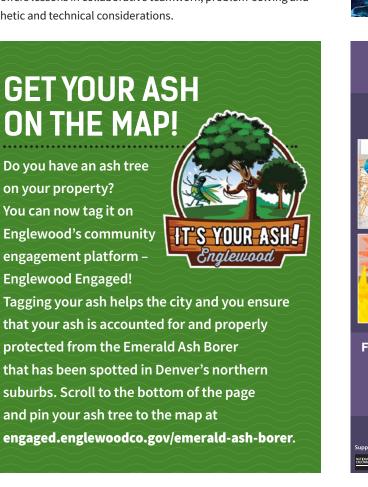
that your ash is accounted for and properly protected from the Emerald Ash Borer

that has been spotted in Denver's northern

suburbs. Scroll to the bottom of the page

and pin your ash tree to the map at

Englewood Engaged!







19 18



IT'S A BEAUTIFUL DAY IN THE NEIGHBORHOOD

Imagine if you had a neighbor with trash and broken vehicles in the yard, snow piling up on the sidewalk in the winter, a dilapidated or abandoned house with potentially neglected animals and dangerous tree limbs hanging over your property. It's not really a job for the police, and there is no homeowners association. Who do you call?

This is the crucial yet challenging job of the Englewood Code Enforcement Division. Code enforcement staff help enforce the minimum standards to keep our neighborhoods safe and clean for everyone, maintaining property values and making Englewood a great place to live.

Code enforcement officers are community advocates and problem solvers, and they rely on the public to report issues like illegally parked cars, dangerous animals or neglected elderly residents. By reporting issues like these to code enforcement, you're doing your job as a resident of Englewood to keep the community safe and potentially help a neighbor who may not have the resources to come into compliance on their own. Violations can be reported on the city website, by phone or by using the EngleFix app.

Free mediation services

When it comes to conflict, sometimes a third, neutral voice is necessary to find resolution. The City of Englewood offers free mediation services to neighbors in conflict over issues like property maintenance, landlord/tenant disagreements, noise levels or other disputes.

Become a block captain

Code enforcement is seeking block captains in every neighborhood for organizing community street cleanups and beautifying projects. To find out more about block captains or mediation services, visit the Code Enforcement department page at englewoodco.gov/government/city-departments/code-enforcement.

AT LAST: A NEW AND IMPROVED ROMANS PARK

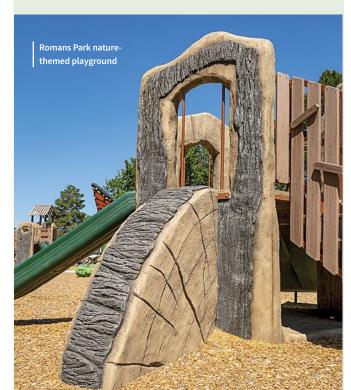
Englewood residents can now enjoy a fully renovated version of Romans Park, thanks to two generous grants totaling \$850,000 from Arapahoe County Open Spaces.

Construction began in early 2020, and the project was completed at the end of July. The timing couldn't be more perfect now that families and community members are excited to be out and about.

The newly refurbished park includes a playground, basketball court, tennis courts, restrooms, exercise equipment, a picnic pavilion and concrete trails. The park was temporarily closed for the final renovations, but now it is fully functional.

Englewood has seen a steady increase in new residents, including families, over the past 15 years. The renovations at Romans Park reflect the growing need in the community for new and improved park amenities.

"Englewood citizens highly value their parks," says Dave Lee, City of Englewood's Open Space Manager. "It's one of the top-rated services mentioned in recent surveys. Considering the influx of people in Englewood, there is definitely a need, which means there will probably be a lot more improvements coming down the pike."





RECREATION FACILITIES



ID CARD

All program and center participants are required to obtain an ID Card for access. (No card needed for spectators or rental guests.)

Resident ID Cards

\$3 – valid 3 years from date of purchase. Englewood residents must obtain a Resident ID card for each member of the family who wishes to receive the discounted Resident Fee rate. A valid photo ID with current address or documentation verifying current Englewood address (vehicle registration, utility bill or phone bill, etc.) must be provided. Create a household account to register online.

Non-Resident ID Cards

Non-residents will receive their first ID Card for free.

Gymnasium

Full-size gym for basketball, volleyball and other court activities.

Fitness Amenities

Cardiovascular rooms including ellipticals, stationary cycles and treadmills. Comprehensive weight rooms including free weights and weight-bearing machines.

Facility Rentals

Our Recreation Centers and Community Parks offer individual and group rentals (classrooms, pools, gym, multipurpose rooms, kitchen and park shelters) to host your next meeting, gathering or celebration. Please visit **englewoodco.gov** for current rental information.

Locker Rooms

Showers and lockers available to all paid guests; bring your own lock and towel

Corporate Rates

Englewood business owners, officers and directors of a corporation located within the legal city limits are eligible to apply for significantly discounted Corporate Rates. Please contact 303-762-2680 or recreation@englewoodco.gov.

Individuals with Disabilities Program

The City of Englewood strives to mainstream individuals with disabilities into our recreation programs. Qualified individuals with disabilities are provided with reasonable accommodation to receive equal opportunity of inclusion. For additional information, contact 303-762-2680 or recreation@englewoodco.gov.

Financial Assistance for Englewood Residents

Please contact 303-762-2680 or recreation@englewoodco.gov.

Wellness Insurance Programs (WIP)

Englewood and Malley Recreation Centers honor Wellness Insurance Programs, including SilverSneakers and Renew Active. Please check with your insurance provider to determine which program they are offering so you can participate in fitness, swim classes and other activities for free. These programs can be purchased through Medicare Advantage or a Medicare Supplement plan (Medigap). Contact your health insurance provider for eligibility.









HOW TO REGISTER



ONLINE: Submit registrations anytime at **englewoodrec.org.**Payments must be made with Visa, MasterCard, Discover Card or American Express.



WALK-IN: Registrations are accepted at the Englewood Recreation Center or Malley Recreation Center during regular business hours.



PHONE: Call **303-762-2680** or **303-762-2660** during regular business hours.

Policies and Enrollment

All registrations are processed in the order they are received. At the beginning of each registration period, Englewood Resident ID cardholders are given priority and are able to enroll two days before non-residents. During this period, non-resident registrations are accepted and prioritized by date/time. After this process, all registrations are handled on a first-come, first-served basis. All checks are payable to the City of Englewood. Checks are accepted for payment, provided they are for the amount of purchase only, local (Colorado), preprinted with customer's name and address, and have a valid Colorado Driver License or Colorado ID card number on them. A \$25 service charge will be assessed on any returned check.

ENGLEWOOD RECREATION CENTER

Fun for all ages • 303-762-2680 • 1155 W. Oxford Avenue

The Englewood Recreation Center, a full-service community facility, offers activities for all ages. Currently, the center offers an indoor track, 25-meter eight-lane pool, The ZONE functional training center, four racquetball/wallyball courts, gymnasium, cardiovascular and weight training rooms.

Hours of Operation M-Th: 6:00 AM - 9:00 PM

F: 6:00 AM – 8:00 PM Sa & Su: 8:00 AM – 5:00 PM POOL CLOSES 30 MIN BEFORE CENTER

Center Closures: M 9/6 Labor Day

Th 11/25 Thanksgiving

Center Admission

Corporate Rates

Admission includes use of fitness amenities (pool, weight rooms, cardio, ZONE functional training room, running track (6.5 laps = 1 mile), gymnasium and racquetball/walleyhall/handball courts)

gymnasium and racquetball/walleyball/handball courts).				
RESERVATIONS MAY BE REQUIRED	GENERAL:	3 – 54 Years	ACTIVE ADULT: 55 – 82 Years	
Туре	Non-Resident	Resident	Non-Resident	Resident
Daily Admission (Recreation ID required)	\$6.00	\$4.75	\$5.50	\$4.00
25-Visit Pass	\$105.00 (CPV \$4.20)	\$84.00 (CPV \$3.36)	\$80.00 (CPV \$3.20)	\$64.00 (CPV \$2.56)
Fitness Drop-In Class	\$10.00	\$8.00	\$10.00	\$8.00
Annual Pass Active adults ages 55–82 can enjoy use of both Recreation Centers with this pass for drop-in use.	\$390.00 (\$32.50/mo)	\$312.00 (\$26.00/mo)	\$356.00 (\$29.67/mo)	\$225.00 (\$18.75/mo)
Premier Annual Pass* Upgrade your ERC annual pass to include eligible group fitness classes, one personal training session and four guest passes. (See pages 47 through 51 for eligible fitness classes.)	\$465.00 (\$38.75/mo)	\$387.00 (\$32.25/mo)	\$430.00 (\$35.83/mo)	\$300.00 (\$25.00/mo)
Platinum Pass (83+) Ages 83 and up are free to enjoy drop-in use of the Englewood and Malley Recreation Centers.	-	-	FREE	FREE
Racquetball/Walleyball/Handball Recognized User Groups see Center Supervisor for rates.	Reservations	ved by the hour. are accepted in advance.	Fee included in c	enter admission.

*All Annual passes are eligible for monthly auto-debit program. Annual & Platinum Active Adult pass good for both ERC and Malley Recreation Centers.

Aminimus passes are engine for monthly date desire program. Aminimus at a state passes good for both 2				
RECREATION & EVENT	RECREATION & EVENT STAFF			
Recreation Managers	Brad Anderson – Aquatics Allison Boyd – Facility/Programs	banderson@englewoodco.gov aboyd@englewoodco.gov		
Englewood Recreation Center	Sara Stant Joyce Musgrove Kathy Wallace – Aquatics	sstant@englewoodco.gov jmusgrove@englewoodco.gov kwallace@englewoodco.gov		
Malley Recreation Center	Cheryl Adamson Shelly Fritz-Pelle	cadamson@englewoodco.gov sfritz@englewoodco.gov		
Open Space Activities Supervisor	Lindsay Peterson	lpeterson@englewoodco.gov		
Events Supervisor	Toni Arnoldy	tarnoldy@englewoodco.gov		



The ZONE

Check out this functional training system that will elevate your workout. Multiple exercise stations can be customized to meet your level of training. Stations include squat rack, renegade station, high-low pulleys, heavy bag, monkey bars, traversing walls, rebounder, jump platform and dozens of attachment points for straps. Tetro Performance offers a variety of fitness classes using The ZONE room. Register online at **tetroperformance.com** and check out page 47 for current classes.

Call for pricing; pricing based on residency and number of visits purchased.

MALLEY RECREATION CENTER — Where Fun Never Gets Old! For ages 55 and better • 303-762-2660 • 3380 S. Lincoln Street

The Malley Recreation Center and programs promote healthy lifestyle and social activity. Enriching programs including fitness, outdoor adventures, education, excursions, extended travel, special events, VOA lunch, drop-in activities, arts and crafts, and more. Home to the highest quality Pilates Reformer machines.

Hours of Operation

8:00 AM - 5:00 PM 9:00 AM - 1:00 PM

M 9/6 Labor Day Th 11/25 Thanksgiving

Participants 55 years of age and older receive class/program registration priority; adults 18 years and older may register for classes/programs based on availability. The Malley Fitness area and computer access are not available for those under age 55. All classes and special events are available to all ages.

Wellness Insurance Programs (WIP)

Englewood and Malley Recreation Centers honor Wellness Insurance Programs including SilverSneakers and Renew Active. See page 22 for more information.

Volunteers of America (VOA) Nutrition Program -**Pre-Packaged To-Go Lunch**

The Malley Recreation Center and Volunteers of America have teamed up to provide a lunch Monday through Friday from 11:30 AM-12:30 PM. Lunch is available for pickup in the lobby either to-go or for dine-in at the Ballroom from 12–12:30 PM. Reservations for dine-in are required.

Reservations must be made two days in advance by calling 303-762-2660. For Monday and Tuesday of the following week, please make reservations by noon on Thursday. Monthly menus are available at englewoodco.gov or at the Malley Recreation Center Front Desk. For those who are able to make a donation, the suggested amount is \$2.50 for ages 60+. For guests under 60, the recommended amount is \$8.50.

Visiting Nurse Association

Provides quality, affordable health care including foot care, blood pressure checks and monitoring of chronic conditions. Appointment only. Call 303-698-6496.

Social Pass

This pass allows 12 months of access to all the Malley Recreation programs that do not include a class number. Activities with this pass include fitness center, game room, computers, bridge, bunco, billiards, lobby access, table tennis, pickleball and drop-in gym.

	ACTIVE ADULT: 55 – 82 Years		
Туре	Resident	Non-Resident	
Social Pass	\$48.00	\$60.00	
Annual Pass (Multi-Facility)	\$225.00 (\$18.75/mo)	\$356.00 (\$29.67/mo)	
Premier Annual Pass	\$300.00 (\$25.00/mo)	\$430.00 (\$35.83/mo)	
Platinum Pass (83+)	FREE	FREE	



Pickleball

Pickleball is a low-impact, active game combining elements of badminton, tennis and table tennis. Players use paddles and a plastic ball in a court with a low net. It's easy to learn this quick, fast-paced, competitive game. Equipment is available. Annual or daily pass required. Due to COVID-19 guidelines, hours of operation are subject to change. For hours of operation, call 303-762-2660 or visit englewoodrec.org.

DROP-IN PICKLEBALL SCHEDULE Reservations are required. Courts are subject to availability.					to availability.			
	Level	Su	М	Tu	W	Th	F	Sa
MRC	Beg./Int.	_	11:30 ам – 1:30 рм	_	11:30 АМ – 1:30 РМ	_	11:30 AM - 1:30 PM	_
<u>N</u>	Adv.	_	1:30 - 5:00 PM	_	2:30 - 5:00 PM	_	1:30 - 5:00 PM	_
ERC	Beg./Int.	_	-	_	-	-	3 – 5 РМ	_
CFHSC	Beg./Int.	_	_	1-5 РМ	_	1-5 РМ	NOON – 4:30 PM	_
F	Adv.	1-5 PM	<u> </u>	8 am – noon	_	8 AM – NOON	<u> </u>	_

MRC = Malley Recreation Center, ERC = Englewood Recreation Center, CFHSC = Colorado's Finest High School of Choice

MALLEY RECREATION CENTER SOCIAL PASS

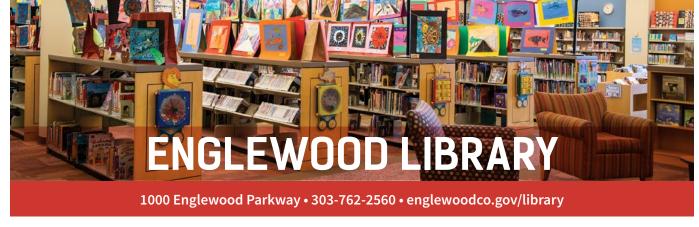
SELF-LED PROGRAMS — REQUIRES SOCIAL PASS							
Class	Activity#	Dates	Days	Time	Location	Fee	Res
BYOC Crafters Group Do you start projects and have difficulty finishing them? If you answered "yes," then this is the group for you! Bring your supplies and join others who love to craft too! Large tables and sewing machines are provided.	41760611	9/6 – 11/29	М	1:00 - 3:00 PM	MRC	\$16	\$13
NEW Open Paint Studio Looking to finish or start a painting? And make new friends? Then Open Paint Studio is for you! This class is a self-led activity. Bring your supplies and join others who love to paint. Easels are available for student use.	41761411	9/21 – 11/30	Tu	1:00 – 3:30 PM	MRC	\$16	\$13
Drop-in Woodcarving For carvers with some experience. A carving glove and thumb guard are required.	41762512	9/1 – 11/24	W	2:00 - 4:00 PM	MRC	\$16	\$13

DROP-IN PROGRAMS — REQUIRES SOCIAL PASS AND RESERVATIONS						
Class	Dates	Days	Time	Fee		
Bridge Group Enjoy duplicate bridge and bring a partner.	9/7 - 11/30	Tu	12:30 – 4:00 РМ	SOCIAL PASS		
Table Tennis The sport can be played as single or doubles. Great for beginners and more advanced levels.	9/7 – 11/30	Tu/Th	12:30 - 4:30 PM	SOCIAL PASS		
Retirement Support Group Gather with other retirees and share thoughts and stories about retirement topics such as friendship, loss, leisure, purpose and much, much more.	9/7 – 11/30	w	10:30 – 11:30 ам	SOCIAL PASS		
MovieTime Join us the second Friday of the month to watch a free movie on the big screen. Popcorn available for 25 cents. Watch for monthly flyers or call 303-762-2660 the week of the movie.	9/10 10/8 11/12	F	1:00 рм	SOCIAL PASS		

To verify if drop-in programs are happening, please call 303-762-2660 or visit englewoodrec.org.



MALLEY RECREATION CENTER



ADULT PROGRAMMING

Building, Buying or Remodeling Your "Last" Home

Tuesday, September 14 • 6:00 - 7:30 PM

Retirees often elect to build, buy or remodel shortly after retirement, expecting this house to be the "last home" they'll ever own. Fast-forward 5, 10 or 15 years and what was meant to be the last house is no longer equipped for current needs. Learn more about affordable accessibility, universal design features, remodel ideas, resale considerations and cost-saving strategies. For adults. No registration required.

Location: Hybrid - Anderson Room and virtually through Zoom.

Spanish Made Easy

Saturday, September 25 • 10:00 - 11:30 AM

The fastest way to speaking Spanish is experiencing it! Learn by doing, playing and interacting with others. Registration required. Class limited to 15. For adults.

Location: Anderson Room

Tea 101: An Introduction to the World of Tea

Saturday, October 2 • 10:00 AM - NOON

What is the big deal with loose-leaf tea? Join us for an introduction to the tea world. Learn about the history of tea and how to identify the different types. Smell and taste a few of the more popular varieties. For adults. Registration required and limited to 25. Location: Anderson Room

Sisters of Courage

Monday, October 4 • 6:00 - 7:30 PM

The Harbisons – An ordinary family who led an extraordinary life... the Civil War, Westward Expansion, the Panic of 1893 are all wellknown historical events that take on a new meaning with this story of their impact on a single family. Buffeted by the winds of national events, the family is forced to start life over yet again. Walk with Kittie and Annie from Denver as they cross Berthoud Pass to create a successful dairy ranch in a hostile environment to supply milk to the expanding Grand Lake population. Join us as David Lively, from Lively Tours, takes us on a journey to the distant past. All ages welcome. No registration required.

Location: Anderson Room

Living to be 100: The Opportunity is Real

Tuesday, October 12 • 6:00 - 7:30 PM

Statistics are showing more people will be living to 100 or longer. What does this mean for the different areas of our lives? Do we stay put or move, what are our options? Living for today and planning for tomorrow, what do we need financially and legally? How do we stay socially connected? For adults. No registration required. Location: Hybrid - Anderson Room or virtually via Zoom.

Is the Library Haunted... Still?

Saturday, October 30 • 2:00 - 3:30 PM

Colorado Paranormal Investigators are returning to EPL to sweep the library with their special ghost gadgets. This time, five lucky people will be selected to see how the investigation takes place. Follow the link on the library's website to enter to win one spooky spot. Only winners will receive information about the sweep. The findings will be presented on All Hallows Eve eve (the day before Halloween). For adults and teens. No registration required. Location: Hybrid - Anderson Room and virtually through Zoom.

Artist's Exhibit and Reception

Thursday, November 4 • 6:00 PM

Englewood Public Library is excited to host a rotating art exhibit that highlights the work of local and regional artists. In honor of Veteran's Day, we are showcasing the works of local veterans. All ages welcome. No registration required. Join us for interesting and beautiful art and sample great-tasting food.

Location: Reading Circle

All Book Club Holiday Bash

Saturday, December 4 • 2:00 PM

We've spent the whole year reading the same books, discussing whether or not we liked them and how the stories impacted us. Let's get together and share some holiday treats and talk about, well, some more books! No registration required.

Location: Anderson Room

Trivia Night

Third Friday of the month • 6:00 - 7:30 PM

Consider yourself a trivia buff? If so, please join us on the third Friday of the month. Test your smarts, meet other clever people, win prizes and have fun with a new topic each time. We meet via Zoom and use Kahoot for the game.

September – Classic Literature October - It Happened in the '90s November – It's Just a Game, Sports

Please visit our website to grab all the details on our regularly scheduled programs and services.

Books@the Bar!

Citizenship Tutoring

• Creative Writing Group

· English Language Tutoring

Memory Café

- · French Conversation Circle
- · Life, the Universe & Everything
 - Sit-n-Knit
 - · Your Next Read!

Sack Lunch Sagas

CHILDREN'S PROGRAMMING

Children learn naturally when they read, sing, write, talk and play! Our interactive storytimes combine books, songs, rhymes and fun.

Storytimes in the Park

Join us every Friday at 9:30 AM or 10:30 AM for storytime in a local park. Please bring a blanket to sit on. Registration is not required.

9/3	F	9:30 and 10:30 AM	Duncan Park
9/10	F	9:30 and 10:30 AM	Jason Park
9/17	F	9:30 and 10:30 AM	River Run Park
9/24	F	9:30 and 10:30 AM	Duncan Park

Friday Storytimes will transition to the library for October and November.

Storytimes at the Library

TODDLER STORYTIME

This storytime will engage your children with short stories, finger plays, action, rhymes and songs. Your child will learn sounds, letter recognition and new words, all while having fun.

Every Monday and Tuesday at 10:30 AM For children 18 months to 3 years old

BABY STORYTIME

This lap sit storytime will develop a love of reading using books, songs, movement and rhyme. The program will help improve motor, sensory and social skills with caregiver and baby interactions.

Every Wednesday at 10:30 AM For children up to 18 months

VIRTUAL PAJAMA STORYTIME

Join us live via Facebook every Wednesday to enjoy books, songs and activities designed to help children settle their minds and bodies to get ready for bedtime.

Live on Facebook - Every Wednesday at 7:00 PM For children of all ages

PRESCHOOL/FAMILY STORYTIME

This storytime features longer books accompanied by a variety of activities, including songs, flannel boards, finger plays, puppetry and dramatics.

Every Thursday at 10:30 AM Every Friday in October and November at 10:30 AM For children of all ages

For Children of All Ages

In-Person Activities

Novels@Night

Head to the library after school for these special programs tied to STEM, art, literacy and music.

9/9	Th	4:00 PN
9/23	Th	4:00 PM
10/14	Th	4:00 PM

JamBOOree - Halloween Party

Join us for our annual JamBOOree event! Featuring gruesome games, creepy crafts and more. Don't forget to wear your costume! Registration required.

10/30 Sa 10:00 AM

Fall Break Programs

Staying in town for fall break? Need to get the kids out of the house? Join us for some fun afternoon activities.

11/22	М	1:00 PM	Movie
11/23	Т	1:00 PM	Crafts

11/23 **Building Challenges** 1:00 PM



EVERY CHILD READY TO READ

At Englewood Public Library we believe public libraries can have an even greater impact on early literacy through an approach that focuses on educating parents and caregivers using everyday skills such as:

TALK PLAY READ WRITE SING

Learning to read begins at birth. Parents and caregivers can reinforce and help grow brain connections using these five practices that will help a child develop the foundation needed to read. Practiced regularly, these activities will help prepare a child to learn to read.

29

TWEEN PROGRAMMING

Tween Programming is geared toward ages 8–11.

Tie-Dye Extravaganza

Thursday, September 2 • 4:00 PM

You provide the shirt (or whatever you want to tie-dye), and we will supply the dye. We will show you how to create some fun designs using only rubber bands and your knotting skills.

Halloween Party

Thursday, October 7 • 4:00 PM

Join us for an early Halloween party as we play gruesome games, make creepy crafts and enjoy some scary good snacks.

ENGLEWOOD LIBRARY

Thursday, November 4 • 4:00 PM

Join us for a fun afternoon of classic board games like Clue, Battleship, Apples to Apples and Uno. Don't know how to play these games? Don't worry, we will teach you.

SHE'S MORE THAN MUSIC-TO HIS EARS...

BOOK RECOMMENDATION

More Than Maybe by Erin Hahn

Growing up under his punk rocker dad's spotlight, 18-year-old Luke Greenly knows fame and wants nothing to do with it. Hiding his gift and secretly writing songs in his bedroom at night, he prefers to remain anonymous. But that's not Luke's only secret. He also has a major crush on music



blogger Vada Carsewell. Vada's got a plan to further her future as a music journalist, and Luke is most definitely NOT on her radar. But when Luke's brother releases a bootleg recording of Luke singing about some mystery girl, she really, really wishes it was about her.

Kimberly, the Teen Librarian's Review

Although this is a romance story, it is ultimately about relationships in general. Luke has to work through his strained relationships with his dad and brother while Vada deals with the complications of a dad and a stepdad. It is also a great story about the love of music and includes the lyrics of many popular songs.

TEEN PROGRAMMING

Teen programming is geared toward ages 12-18.

Teen Hangouts

Join us for weekly hangouts in the Teen Room every Tuesday at

Writer's Group 9/7, 10/5, 11/2 **Game Night** 9/14, 10/12, 11/9, 11/30 **Book Club** 9/21, 10/19, 11/16 **Movie Night** 9/28, 10/26, 11/23

Email eplteen@gmail.com to get information on which movies/TV series we will be showing and which books we will be discussing.

Teen Dungeons & Dragons Club

Join us as we continue our D&D campaign in-person and via Zoom.

9/7 5:30 PM Tu 9/21 5:30 PM Tu 10/5 Tu 5:30 PM 10/19 Tu 5:30 PM 11/2 Tu 5:30 PM 11/16 Tu 5:30 PM

Email eplteen@gmail.com to get information on how to join.

Tie-Dye Extravaganza

Friday, September 11 • 5:00 PM

You provide the shirt (or whatever you want to tie-dye), and we will supply the dye. We will show you how to create some fun designs using only rubber bands and your knotting skills.

Halloween Party

Friday, October 22 • 6:00 PM [AFTER HOURS!]

Ready for Halloween? After the library closes, we will be hosting a teen-only Halloween party! Dress up in your best Halloween costume, and join us for a variety of spooky Halloween activities and scary good snacks.

Life-Size Clue!

Friday, November 19 • 6:00 PM [AFTER HOURS!]

We are going to turn the library into a life-size Clue game board. Come in your best Clue character costume and bring your best detective skills.



Teen Room!

Surprise! We now have a Teen Room where you can do homework, play games or just hang out. Come in and check it out! Ask the librarians at the children's desk or circulation to get access to the room.



PLEASE NOTE: ALL RECORDED COMPUTER CLASSES HAVE BEEN UPLOADED TO THE LIBRARY'S YOUTUBE CHANNEL DURING THE PANDEMIC.

Library Electronic Resources

Interested in learning something new? Needing a little research? Take a look at these databases available with your Englewood Public Library card! The library will resume in-person computer classes in January 2022.

Business Source Premier

Business Source Premier provides full text for over 2,800 scholarly business journals covering management, economics, finance, accounting, international business and much more.

Colorado Revised Statutes

Provided by LexisNexis, the official publisher of the Colorado Revised Statutes, find out about the laws that govern the State of Colorado. You may print any section of the Colorado Revised Statutes without cost by using the print function on your browser.

History Reference Center

This is the world's most comprehensive full-text history reference database designed for secondary schools, public libraries, junior/community colleges and undergraduate research. The database features full text for more than 2,000 reference books, encyclopedias and nonfiction books from leading history publishers.

Newspaper Source

Find selected full text from 25 national and 260 regional US newspapers, including The Denver Post, Greeley Tribune and Pueblo Chieftain as well as transcripts from TV and radio news.

Learning Express Library

This is an instructional and test preparation website that offers comprehensive courses in math, reading and writing; resume writing and workplace skills enrichment. It includes test preparation materials and practice exams for the ACT, SAT, GED, ASVAB, Firefighter, Police Officer, Paramedic, EMT Basic, US Citizenship, Postal Worker, Cosmetology, Real Estate Agent & Broker Exams and more.

Regional Business News

Regional Business News is a full-text newswire database that incorporates business wires from all over the world. Included in this database are A&G Information, Africa News Service, Inter Press Service, Resource News International, South American Business, M2 Communications, PR Newswire, Business News Wire, Canadian Corporate News, News Bytes News Network and Phillips Business Information Highlights.

Science Reference Center

This database provides access to full-text science-oriented content, including hundreds of full-text science encyclopedias, reference books, periodicals and more. Topics covered include biology, environmental science, health & medicine, earth & space science, chemistry and physics. Also included are standardsbased articles correlated to state and national curriculum standards intended primarily for teachers and librarians.





Englewood Parks and Recreation presents one of the finest public golf facilities in the Rocky Mountain region - Broken Tee

This golf complex offers:

- Championship 18-hole course with Dye design front 9
- Par 3 course with multiple tee boxes a challenge for the serious golfer or simple fun for the entire family
- Large driving range and one of the best practice areas in
- Offering FootGolf on the Par 3 course.

Broken Tee would like to thank all our sponsors for Celebrate Golf Day!

This community event would not have been such a success without your support! Thanks you to all!



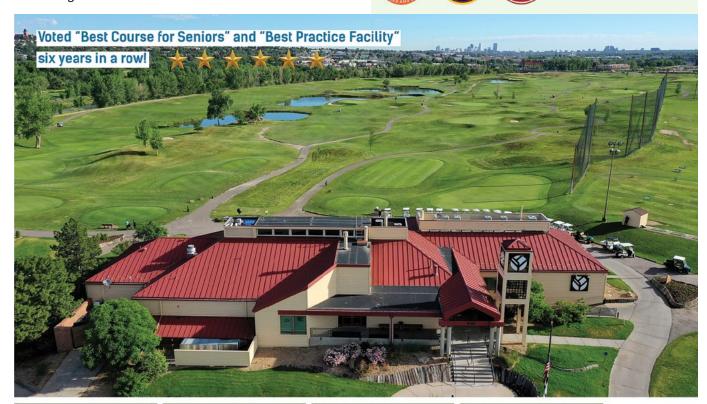














STAFF PICK

BEST COURSE FOR SENIORS Broken Tee Golf Course





AWARD WINNER

FIRST PLACE BEST COURSE FOR SENIORS







BEST COURSE FOR FAMILIES





Adult Athletic Leagues

Adult athletic league registration, schedules and standings: teamsideline.com/englewoodrec

	MEN'S AND WOMEN'S ADULT ATHLETIC LEAGUES						
SPORT	SEASON	REGISTRATION	LEAGUES BEGIN	FEES	FORMAT	OFFERINGS	
Vollovball	Fall July 12 – Aug 27 Sep 7 Volleyball \$325/te	\$325/team	10 Games + Single	Tuesday Coed, Wednesday Women's,			
volleyball	Winter	Oct 25 – Dec 20	Jan 11, 2022	\$323/ team	Elimination Playoff	Thursday Men's	
	Spring Early Feb Mid-March						
Basketball	Summer	May 3 – July 2	July 11	\$460/team 8 Games + Single Elimination Playoff		Sunday Men's Comp, Sunday Men's Rec, Monday Men's Open	
DasketDatt	Fall	Aug 2 – Sep 24	Oct 3				
	Winter	Nov 1 – Jan 3	Jan 9, 2022				
Softball	Summer	March 16 – May 1	May 20	\$610/team	10 Games + Single	Thursday Men's	
Sопран —	Fall	June 28 – July 31	Aug 12	\$510/team	Elimination Playoff	Competitive and Recreational	
Fast Pitch	Summer	March 16 – May 1	May 14	\$660/team	8 Games + Single Elimination Playoff	Thursday Men's	

Don't have a team or need a few more players to complete your team? Go to teamsideline.com/englewoodrec to be added to the Free Agent $List.\ If you have any questions\ regarding\ team\ registration, please\ call\ Sara\ Stant\ at\ 303-762-2694\ or\ email\ sstant\ @englewoodco.gov.$



Skyhawks and SuperTots

Teaching life skills through sports

Sports instruction in our Englewood Parks for ages 4-14. Classes include basketball, volleyball and multi-sport focuses. For more info, visit skyhawks.com.

SuperTots is perfect for ages 2-5. These classes will meet weekly in our parks. Children will learn the basics of baseball, basketball, football or soccer. For more information, visit supertotsports.com.



ADULT & YOUTH ATHLETICS



Hours

M - Th: 6:00 AM - 8:30 PM **F:** 6:00 AM – 7:30 PM **Sa/Su:** 8:00 AM - 4:30 PM



Pool Safety Guidelines

Children under 8 years old must be directly supervised by an adult in the pool area. Adults must provide in-water supervision of children unable to pass the swim test.

Supervise your children. No diving. No breath-holding games, please.

The Swim Test

Children under 8 years old must be able to swim 10 meters by themselves to go down the big slide or to be out of reach of an adult.

Pool Features

- 8 lanes, 25 meters
- Body slide (must pass a swim test)
- 2–3 ft. shallow children's area with easy access stairs
- Small slides
- Family changing rooms
- Dry sauna 180°-200° ADA accessible
- Pool temp 86°
- year-round

Open Swim

Head on down for an afternoon of fun. Toss the ball, dive for rings or take a ride down the slides. Some features may not be available due to shared programming.

M - F: 1:00 – 4:00 PM **Sa/Su:** 1:00 – 4:30 PM

Tot Pool: Open daily until close (except 8:00 AM - NOON

weekends). Check online for more details.

Lap Swim

At least 1 lane is available at all times of the day. Circle swimming and lap swim etiquette applies. Please check online for a more detailed schedule.

M-Th: 6:00 AM - 8:30 PM **F:** 6:00 AM - 7:30 PM **Sa/Su:** 8:00 AM - 4:30 PM

Following COVID-19 guidelines, schedules and policies may change at any time. There is no evidence that COVID-19 can spread to humans through the use of pools and hot tubs.





Infant and Toddler

Babes & Tots (6 mos - 3 yrs)

Introduction to the water with a focus on safety and primary water skills, including submersion, bubbles and water play in a fun, family environment.

Jellyfish (2½ - 3½ yrs)

This class is for advanced toddlers who go under water willingly and are nearly floating on their own. Instructor approval requested.

Preschool

Seahorse (3 - 5 vrs)

These little ones may be cautious, but are ready to start the basics. A gentle approach using songs and games helps them gain confidence and trust.

Seal (3 - 5 vrs)

These little ones are happiest going under water and are just starting to float on their own.

Otter (3 - 5 yrs)

These little ones can float for 10 seconds, roll over and kick 10 meters to safety.

Sea Lion (3 - 5 yrs)

These are our most experienced little swimmers, working on freestyle and backstroke drills, with the goal of being able to swim 15 meters with ease.

School Age

Stingray (6 - 14 yrs)

Swimmers with limited experience or basic skills should start here. Cautious and adventurous alike will find success in this class. Floating, kicking and breathing will be mastered here.

Dolphin (6 – 14 yrs)

Swimmers will be conditioned to float, kick and breathe for longer distances while core swimming skills are introduced and mastered. Swimmers will master freestyle and backstroke drills for 15-25 meters.

Swordfish (6 - 14 yrs)

Swimmers at this level are well conditioned and beginning to swim up to 25 meters of freestyle, backstroke and elementary backstroke with ease. Dolphin kick and treading water will be introduced.

Barracuda/Shark (6 - 14 yrs)

Swimmers are working toward 50 meters of freestyle and backstroke with efficiency and ease. Butterfly and breaststroke drills are introduced and refined. Open turns, treading water for time and advanced safety skills are included.

WATER FITNESS

Aqua Power

Ages: 16 yrs +

Add water to your everyday routine and see the difference.

9/16 - 10/14 Th 5:00 - 5:50 PM \$30/\$25 41250211 10/21 - 11/18 Th 5:00 - 5:50 PM \$30/\$25 41250221

Aqua HIIT

Ages: 16 yrs +

High intensity followed by active recovery = all gain with no pain. 9/14 - 10/12 Tu 5:00 - 5:50 PM \$30/\$25 41250611 10/19 - 11/16 Tu 5:00 - 5:50 PM \$30/\$25 41250621

Arthritis Aqua

Ages: 55 yrs +

Do you suffer from arthritis? One of the best ways to control pain, increase flexibility and improve daily function is through

9/16 - 11/18 Th 11:30 AM - 12:20 PM \$30/\$24 41260211

Senior Aqua Ages: 55 yrs +

Rediscover the fountain of youth, where splashing and smiling

13 – 11/22	M	8:00 - 8:50 AM	\$30/\$24	41260120
13 – 11/22	М	9:00 - 9:50 AM	\$30/\$24	41260121
14 – 11/23	Tu	9:00 - 9:50 AM	\$30/\$24	41260122
14 – 11/23	Tu	10:00 - 10:50 AM	\$30/\$24	41260123
15 – 11/24	W	9:00 - 9:50 AM	\$30/\$24	41260124
16 – 11/18	Th	8:00 - 8:50 AM	\$30/\$24	41260125
16 – 11/18	Th	9:00 - 9:50 AM	\$30/\$24	41260126
17 – 11/19	F	9:00 - 9:50 AM	\$30/\$24	41260127

EVENING SWI	MMING LESSO	5 weeks, 10 lessons	
		Tuesdays &	thursdays
Fee: \$55/\$44		Session 1	Session 2
Class	Time	9/14 – 10/14	10/19 - 11/18
Jellyfish	4:00 – 4:25 pm	41210211	41210212
Seahorse	4:00 – 4:25 pm	41220111	41220112
Seal	4:30 – 5:00 PM	41220211	41220212
Otter/Sea Lion	5:05 – 5:35 рм	41220311	41220312
Stingray	4:30 – 5:00 PM	41230111	41230112
Dolphin	5:05 – 5:35 рм	41230211	41230212
Swordfish	5:40 – 6:10 рм	41230311	41230312
Barracuda/Shark	5:40 – 6:10 рм	41230411	41230412

WEEKEND SW	IMMING LESS	5 w	reeks, 5 lessons		
		Sess	ion 1	Sess	ion 2
Fee: \$30/\$25		Saturday	Sunday	Saturday	Sunday
Class	Time	9/18 – 10/16	9/19 – 10/17	10/23 - 11/20	10/24 - 11/21
Babes & Tots	10:00 – 10:30 АМ	41210131	41210133	41210135	41210137
Dabes & Tots	10:35 – 11:05 АМ	41210132	41210134	41210136	41210138
Jellyfish	9:30 – 9:55 ам	41210231	41210232	41210233	41210234
Seahorse	10:00 – 10:30 АМ	41220131	41220133	41220135	41220137
Seanorse	10:35 – 11:05 АМ	41220132	41220134	41220136	41220138
Seal	10:00 – 10:30 АМ	41220231	41220233	41220235	41220237
Seat	10:35 – 11:05 АМ	41220232	41220234	41220236	41220238
Otter	8:50 – 9:20 ам	41220331	41220332	41220333	41220334
Sea Lion	11:10 – 11:50 АМ	41220431	41220432	41220433	41220434
Ctingray	9:15 – 9:55 ам	41230131	41230133	41230135	41230137
Stingray	11:10 – 11:50 АМ	41230132	41230134	41230136	41230138
Dolphin	9:15 – 9:55 ам	41230231	41230233	41230235	41230237
Dolphin	11:10 – 11:50 АМ	41230232	41230234	41230236	41230238
Swordfish	8:30 – 9:10 ам	41230331	41230332	41230333	41230334
Barracuda/Shark	8:30 – 9:10 ам	41230431	41230432	41230433	41230434



PRIVATE SWIMMING LESSONS

Sign up for private lessons with our experienced instructors who will provide hands-on instruction in or out of the water based on your preferences. For an additional fee, a second person can be added to the lesson at the payment screen. Check online for more days and times.

Ages: 3 years - adult

18 months – 3 years, parent assisted at the instructor's discretion

	1 student	2 students
5 classes	\$115	\$140

	SEPTEMBER / OCTOBER				ОС	TOBER/	NOVEME	BER
	Monday	Wedn	esday	Friday	Monday	Wedn	esday	Friday
Time	9/13 - 10/11	9/15 -	10/13	9/17 - 10/15	10/18 - 11/15	10/20	- 11/17	10/22 - 11/19
4:00 – 4:30 PM	41231201	4123	31211	41231221	41231241	4123	1251	41231261
4:30 – 5:00 PM	41231202	4123	1212	41231222	41231242	4123	1252	41231262
5:00 - 5:30 PM	41231203	4123	31213	41231223	41231243	4123	1253	41231263
5:30 - 6:00 PM	41231204	4123	31214	41231224	41231244	4123	1254	41231264
6:00 – 6:30 рм	41231205	4123	1215	41231225	41231245	4123	1255	41231265
6:30 – 7:00 РМ	41231206	4123	31216	41231226	41231246	4123	1256	41231266
	Saturday	,		Sunday	Saturday	,		Sunday
	9/18 - 10/1	.6	9	/19 - 10/17	10/23 - 11/	20	10	/24 - 11/21

41231229

41231230

Home School Swimming

11:55 AM - 12:25 PM

12:30 - 1:00 PM

Ages: 3 – 14 yrs

This popular lesson option is back at a new day and time! Assessments will be done on the first day, and students will be grouped by age and ability. Your child will receive a 30-minute lesson during this two-hour block and have additional time to practice with a parent before or after their lesson or just play around. Parents should expect to join their child in the pool when they are not active in a swim lesson. Children able to pass a 10-meter swim test may swim on their own.

41231227

41231228

Location: ERC

9/17 – 10/15	F	NOON – 2:00 PM	3 – 8 yrs	\$40/\$30	41230811
9/17 – 10/15	F	NOON - 2:00 PM	8 – 14 yrs	\$40/\$30	41230812
10/22 – 11/19	F	NOON - 2:00 PM	3 – 8 yrs	\$48/\$36	41230821
10/22 – 11/19	F	NOON – 2:00 PM	8 – 14 yrs	\$48/\$36	41230822

Tidal Waves

Ages: 6 – 17 yrs

Take your swimming skills to the next level on our year-round CARA recreational swim team. Swimmers must be proficient in freestyle and backstroke for 25 meters.

Location: ERC

9/13 - 11/24 M, W 5:30 - 6:30 PM \$100/\$80 41230911



41231267

41231268

Through our partnership with the USA Swimming Foundation, Englewood Residents can sign up for group swim lessons for as little as \$10 with a Make A Splash grant. Reduce your risk of drowning by signing up for swim lessons. Visit our website for details.



41231269

41231270



DANCE

PeeWee Dance

Ages: 3 - 5 yrs

PeeWee dance classes are focused on dance techniques, safety, fun, movement, coordination and self-esteem. Dancers develop the basics of tap, jazz and ballet steps while working on following directions and working well with others. Classes focus on dance fundamentals and technique, building up to the spring and winter seasons, which include a recital. Parents of children who may require help changing their shoes are asked to remain outside of the classroom to assist with a mid-class shoe change.

Recitals during spring and winter season classes require a costume rental fee, which is usually \$15 for two costumes. This fee is in addition to the class participation fee.

Youth Dance

Ages: 6 – 9 yrs

Youth dance classes are designed to help your child become a well-rounded dancer in different styles of dance – including tap, jazz, hip-hop and ballet – in a fun and energetic class! Classes focus on dance fundamentals and technique. Recitals during spring and winter season require a costume rental fee, which is usually \$15 for two costumes. This fee is in addition to the class participation fee.

TUMBLING

Toddler & Me Tumbling

Ages: 1 – 3 yrs

Does your tot need a place to explore, play and let out some energy in a fun and safe environment? Register for this class that teaches your child and you simple tumbling skills while meeting new friends.

Tumbling Tykes

Ages: 3 – 5 yrs

Join this interactive class for young tumblers to enhance their balance, strength and learn beginning tumbling skills. While this class is designed for children to take independently, parents are asked to remain in the building.

Gymnast Jubilee

Ages: 6 – 9 yrs

Kids will learn rolls, cartwheels and balance, all while having a blast and meeting new friends. While this class is designed for children to take independently, parents are asked to remain in the building.



ACTIVE KIDS – DANCE								
Class	Activity#	Ages	Dates	Days	Time	Location	Fee	Res Fee
PeeWee Dance	41820111	3 – 5 yrs	9/13 – 12/6*	М	4:45 – 5:15 PM	ERC	\$59	\$47
	41820121	3 – 5 yrs	9/11 – 12/4 [†]	Sa	10:45 - 11:15 AM	ERC	\$59	\$47
Youth Dance	41820211	6 – 9 yrs	9/13 - 12/6*	М	5:30 - 6:15 PM	ERC	\$68	\$54
	41820221	6 – 9 yrs	9/11 – 12/4 [†]	Sa	11:15 AM - NOON	ERC	\$68	\$54

ACTIVE KIDS – TUMBLING								
Class	Activity#	Ages	Dates	Days	Time	Location	Fee	Res Fee
Toddler & Me Tumbling	42310111	1 – 3 yrs	9/11 - 10/2	Sa	9:45 – 10:15 AM	ERC	\$23	\$18
	42310112	1 – 3 yrs	10/9 – 10/30	Sa	9:45 – 10:15 AM	ERC	\$23	\$18
	42310113	1 – 3 yrs	11/6 – 12/4 [†]	Sa	9:45 - 10:15 AM	ERC	\$23	\$18
Tumbling Tykes	42320211	3 – 5 yrs	9/13 - 10/4	М	5:30 – 6:00 РМ	ERC	\$25	\$20
	42320212	3 – 5 yrs	10/11 - 11/1	М	5:30 – 6:00 РМ	ERC	\$25	\$20
	42320213	3 – 5 yrs	11/8 – 12/6*	М	5:30 – 6:00 РМ	ERC	\$25	\$20
	42320221	3 – 5 yrs	9/11 – 10/2	Sa	9:15 – 9:45 ам	ERC	\$25	\$20
	42320222	3 – 5 yrs	10/9 – 10/30	Sa	9:15 – 9:45 ам	ERC	\$25	\$20
	42320223	3 – 5 yrs	11/6 – 12/4 [†]	Sa	9:15 - 9:45 AM	ERC	\$25	\$20
Gymnast Jubilee	42320311	6 – 9 yrs	9/13 - 10/4	М	4:45 – 5:30 рм	ERC	\$29	\$24
	42320312	6 – 9 yrs	10/11 - 11/1	М	4:45 – 5:30 рм	ERC	\$29	\$24
	42320313	6 – 9 yrs	11/8 – 12/6*	М	4:45 – 5:30 рм	ERC	\$29	\$24
	42320321	6 – 9 yrs	9/11 - 10/2	Sa	8:30 - 9:15 AM	ERC	\$29	\$24
	42320322	6 – 9 yrs	10/9 – 10/30	Sa	8:30 - 9:15 AM	ERC	\$29	\$24
	42320323	6 – 9 yrs	11/6 – 12/4 [†]	Sa	8:30 - 9:15 AM	ERC	\$29	\$24

^{*} No class 11/22 † No class 11/27







Crochet Class

Ages: 16 yrs +

Even if you've never held a hook before or don't know a slip knot from a single crochet, use this class to pick up basic techniques and tips. By the end of the class you will be ready to crochet in rows, which is all you need to make a scarf or even a simple blanket. Bring a J hook and yarn to class.

Location: MRC *Instructor: Julie McCready* 9/11 - 9/25 Sa 9:30 – 11:30 AM \$55/\$44 41751011

Creative Pottery

Ages: 55 yrs +

Use different methods of handbuilding and/or sculpting to create three pieces of art. Glazes included. Open to all skill levels. Supply fee: \$15 per 12 lbs. of clay used, payable to instructor.

Location: MRC		Instructor: Michael McGra		
9/7 – 10/12	Tu	10:00 AM - NOON	\$72/\$67	41760411
10/19 – 11/23	Tu	1:00 - 3:00 PM	\$72/\$67	41760412

Drawing & Painting Class

Ages: 55 yrs +

Whether you like to paint, smatter, draw or sketch, this class will bring out your creativeness through different mediums such as watercolors, acrylics or pencils. Pick your favorite and enrich your skills in this class. All levels of experience welcome. Bring any works in progress or start something new. No class 10/7.

Location: MRC		Instructor: Eilee	n Hoffmar	
9/2 - 10/14	Th	10:00 AM - NOON	\$60/\$55	41761011
10/21 - 12/2	Th	10:00 AM - NOON	\$60/\$55	41761012



NEW Ultra Beginning Line Dance

Ages: 55 yrs +

Step up the pace. Learn more difficult steps to new choreography and continue learning. This class is a good place to start for those interested in learning how to line dance and enjoy moving to a variety of music.

Location: MRC			Instruct	or: Judy Curtis
9/1 – 9/29	W	10:15 - 11:15 AM	\$16/\$13	41860311
10/6 – 10/27	W	10:15 - 11:15 AM	\$13/\$11	41860312
11/3 - 11/17	W	10:15 - 11:15 AM	\$13/\$11	41860313

NEW Beginning Line Dance

Ages: 55 yrs +

Step up the pace. Learn more difficult steps to new choreography and continue learning.

Location: MRC	-	Instructo	or: Judy Curtis	
9/1 – 9/29	W	9:00 - 10:00 AM	\$16/\$13	41860411
10/6 – 10/27	W	9:00 - 10:00 AM	\$13/\$11	41860412
11/3 - 11/24	W	9:00 - 10:00 AM	\$13/\$11	41860413











NOW OPEN!

Hours: 8:00 AM - 5:00 PM

Located at the Malley Recreation Center, stop in and check out what all the BUZZ is about!

Discover information and resources about transportation, finances, healthcare, senior services, insurance, volunteering, caregiving, housing and recreation.

Call **303-762-2660** for more information or for an appointment.









Continuing Bridge

Ages: 55 vrs +

ENRICHMENT & EDUCATION

Take your Bridge playing to the next level. This class is designed for those who have been learning the game for a while and want a new challenge. Class includes instruction on play and defense, bidding skills, some lecture and supervised playing.

Location: MRC			Instructo	r: James Buck
9/1 – 10/6	W	10:00 AM - NOON	\$57/\$46	41465011
10/13 - 11/24	W	10:00 AM - NOON	\$57/\$46	41465012

I Can't Find My Car Keys, Do I Have Dementia?

What's normal memory loss, and what is concerning? This discussion will dispel some of the myths and help you understand the real facts about the relation of dementia and Alzheimer's. We will also discuss how memory loss can be reversed in many situations.

Location: MRC Instructor: Roger Rhodes Homewatch Caregivers Th 1:00 – 2:00 PM FREE 41460011

The Will Maker - Legal Seminar

In a single sitting, you'll complete a simple will. You will also complete a living will, medical power of attorney and financial power of attorney with the help of a licensed attorney. Fee includes all material, witnessing, notarizing, individual review and time for questions. Bring your ID and a snack. Cost: \$100/payable to Rebecca Bennetti at the workshop.

LOCULION: MIKC		instructor: Rebecca Bermetti, Lawyer			
9/8	W	NOON - 4:30 PM	\$15/\$12	41460411	
10/4	М	NOON - 4:30 PM	\$15/\$12	41460511	
11/4	Th	NOON - 4:30 PM	\$15/\$12	41460512	

Medicare 101

Making a decision can be hard! Attend this presentation and learn all your plan options and review the A, B, C and D's of Medicare. Allen McGirl will share important dates to remember and how to save money on prescriptions.

Instructor: Allen McGirl, McGirl Insurance

9/9	Th	6:00 – 8:00 РМ	FREE	41460111
10/14	Th	1:30 - 3:30 PM	FREE	41460211
11/11	Th	6:00 - 8:00 PM	FREE	41460311

Natural Hacks to Support a Healthy Mood

Gain a new understanding of the many complexities that play a role in supporting a healthy mood or hindering it. Nutritional, supplemental, environment, lifestyle and other key factors will be discussed.

Instructor: Kelly Andis. Nutritional Health Coach. Natural Grocers Th 1:30 - 2:30pm 41461911

Never B-4 Bingo

Have some fun and win prizes! Play in-person or via Zoom (a working email is needed). Bingo cards need to be picked up at Malley Recreation Center prior or request them to be mailed.

9/13	M	1:00 - 2:00 PM	FREE
VIRTUAL 41	450711, IN-PERSO	on 41450811	
10/11	М	1:00 - 2:00 PM	FREE
VIRTUAL 41	450911, IN-PERSO	on 41451011	
11/8	М	1:00 - 2:00 PM	FREE
VIRTUAL 41	451111, IN-PERSO	on 41451211	

Spanish III

Ages: 55 yrs +

Bienvenidos! Continue to sharpen your Spanish speaking skills. This interactive class builds further on what you have learned. You will focus on more complex forms of conversation, using proper grammar, pronunciation and a variety of new vocabulary. A background in Spanish is recommended.

Location: MRC Instructor: Jean Kunkel 9/13 - 11/29 M 8:30 - 10:30 AM \$68/\$56 41465611

Exercising with Chronic Knee Pain and Osteoarthritis

As we age, knee pain can often be a limiting factor in doing activities. However, painful joints due to osteoarthritis can improve with exercise! If you have knee pain keeping you from your favorite activities, join us to see how exercise and rehabilitation can improve your life and get you back to doing what you love!

Location: MRC Instructor: Tyler Luke, PT, DPT, Rocky Mountain Spine & Sports Physical Therapy

9/20 10:30 - 11:30 AM FREE

Technology 101

Have you found that just about everything is connected to your phone or computer nowadays? In this session, you will learn how to navigate different technologies, make appointments, purchase items and more. Please bring your laptops, phones, tablets, if able. Location: MRC Instructor: Neil Fifer, Humana 9/21 Tu 10:00 - 11:30 AM FREE

Employment After Retirement

Retired, but want or need to still work? During this discussion find out what the options are for employment after retirement. How much can I work if I am receiving Social Security? Where can I find resources for jobs? Your questions will be answered, and you will be on your way to making extra income.

Location: MRC Instructor: Kim Evans and Panel of RoadMap for Aging Experts

9/28 41460911 10:30 AM - NOON FREE

Reverse Mortgage Myths - Real Stories Behind the Loans

Your friend has said her reverse mortgage is the best thing she ever did, but your cousin says he would never consider one. What are these loans all about? Could this be a financial tool for you to use? Get expert answers to your questions and get a solid understanding of how these loans can be structured to fit unique situations.

Location: MRC Instructor: Don Opeka, Orion Mortgage, Inc. Th 10:00 - 11:00 AM FREE 10/7

Wills. Trusts and Powers of Attorney

Planning for disability and death can give you peace of mind, reduce burdens for your loved ones and help you leave a legacy instead of a mess. Learn about some of the tools available, including powers of attorney, advance medical directives, wills and trusts. We'll touch on the probate process and long-term care. Location: MRC Instructor: Ryan Scott, Law Office of Ryan B. Scott, LLC

10/11 10:00 - 11:30 AM \$7/\$5 41461111

Nutrition Basics

In this fun and very informative class we'll test your nutrition IQ, talk about superfoods and discuss how to stretch your grocery dollar, eat healthy when going out, cook for one, tame your salt habit, plus the good fats vs. bad fats and so much more.

Location: MRC-Lonas Peak Instructor: Neil Fifer. Humana 1:30 - 3:00 PM FREE 41461811 10/13

Self-Management of Chronic Headaches

If you experience headaches, you understand the limitations and pain they can cause. While there are many causes, many of the common ones can be related to orthopedic dysfunction. Join us in this discussion on how to self-manage and appropriately treat your headaches!

Location: MRC Instructor: Tyler Luke, PT, DPT, Rocky Mountain Spine & Sports Physical Therapy

10:30 - 11:30 AM FREE 10/18 41461211

What Your Heirs Should Know if You Have a Reverse Mortgage

For many borrowers with a reverse mortgage, the reality is that they might not be the one closing out the loan. That responsibility may fall to an heir or executor. Learn how to prepare yourself and your loved ones for what needs to be done when the last borrower leaves the home. This is a followup to the seminar on 10/7.

Location: MRC Instructor: Don Opeka, Orion Mortgage, Inc. 10/21 Th 10:00 - 11:00 AM FREE

Retirement Living to Its Fullest

10/26

No one has a crystal ball, so making plans for a long life can be challenging. Questions of health, longevity, lifestyle and legacy all require consideration in planning for the amount of money necessary. This in-depth and candid conversation with financial, health and senior living experts will help uncover the mysteries about deciding how much is enough when it comes to budgeting for retirement and living into your 80s and beyond.

Location: MRC Instructor: Kim Evans and Panel of RoadMap for Aging Experts 10:30 AM - NOON FREE

41461411

Where to Start to Love Your Heart

Taking care of your heart doesn't have to be complicated. Start by uncovering some common heart care myths, and begin your journey toward hearth health with three simple dietary strategies and three supplements that will pump up your heart health. Instructor: Kelly Andis, Nutritional Health Coach, Natural Grocers

Th 1:30 - 2:30pm \$7/\$5

The Probate Process

What do you do when someone passes away? Do you need to open probate? If you are the personal representative or executor of the estate, what will be expected of you? What should you know if you are a beneficiary? We will answer these questions and talk about some of the tools available to you to avoid probate of your estate. Instructor: Ryan Scott, Law Office of Location: MRC

Rvan B. Scott. LLC

10:00 - 11:30 AM \$7/\$5 11/8 41461511

Improving Balance and Preventing Falls

For aging adults, falling can lead to significant injury. As a result, many older adults stop doing activities due to a fear of falling. However, just like your muscles, balance can be trained and improved. If you have fallen or have noticed your balance declining, join our discussion on how to improve your balance, reduce your fall risk and keep doing what you enjoy!

Location: MRC Instructor: Tyler Luke, PT, DPT, Rocky Mountain Spine & Sports Physical Therapy

11/15 10:30 - 11:30 AM FREE 41461611





Excursion fee includes escort, transportation, tour and admission tickets, unless otherwise stated. Restaurant meals and snack/treats are on your own, unless otherwise stated. For outdoor excursions, bring closed-toed shoes, jacket, hat, sunscreen and water.

Some excursions include significant walking. Please do not register for an excursion if you are unable to walk more than ½ mile.

Excursion Refunds and Transfers

Excursion cancellations or transfers will be refunded less a \$5 administrative fee. NO refunds are granted if you miss the trip due to being late, no-show, or a cancellation within 5 business days prior to trip. There are NO refunds given after listed early cancellation dates.

.....

SEPTEMBER

Summerfest 2021 - Evergreen

Attend the 41st festival. View a selection of gallery-quality fine art and crafts chosen by a jury process. Live music, fresh food and microbrews round out a spectacular experience in the pristine foothills. Hosted by the Center for the Arts Evergreen, a nonprofit, with proceeds supporting art programming year-round.

9/4 Sa 10:30 AM - 2:30 PM \$17/\$14 42060111

Cripple Creek Mayhem

Enjoy the ride to Cripple Creek, a historic gambling and mining town that's one of the most scenic destinations in Colorado. The restored Old West brick buildings, surrounded by majestic mountains, boast nine casinos as well as great restaurants and shops. Spend the day sightseeing, wandering the town or visiting a casino. All activities on your own.

9/10 F 8:00 AM - 5:00 PM \$36/\$29 42060211

Black Hawk and Central City

Let's go gambling! The bus will drop you off and pick you up in the heart of it all. Choose to visit your favorite casino, visit historic sites or enjoy the mountain air. Activities are on your own.

9/20	M	9:00 AM - 4:00 PM	\$20/\$16	42060311
10/18	M	9:00 AM - 3:00 PM	\$17/\$14	42060411
11/15	М	9:00 AM - 3:00 PM	\$17/\$14	42060511



Cheyenne Mountain Zoo - Colorado Springs

We will journey through the 6th best zoo in America, hand-feed giraffes and birds, discover endangered species, encounter moose and be up close with gorillas, lions, tigers and grizzly bears, oh my! The zoo is on a mountainside, so there is a lot of walking up and down. Have fun riding the open-air, chairlift-style ride or historic carousel too, separate fee on your own. Admission includes a drive to the historic landmark, Will Rogers Shrine of the Sun. Bring a lunch or purchase at the zoo.

9/14 Tu 8:00 AM - 5:00 PM \$62/\$50 42060611

Batter Up!

Take me out to the ballgame! Root for the home team as our Rockies take on the LA Dodgers! Seating is along the base line. Food and drinks are available for you to purchase at the ballpark. Require a special-needs seat? See Cheryl. Early cancellation date: Sep. 3.

9/23 Th 11:30 AM - 5:00 PM \$32/\$26 42060711

Double the Fun with Sculptures - Loveland

You will "ooh and ahh" while visiting two parks in one day. We will view the 82 one-of-a-kind Zimbabwe stone sculptures at the Chapungu Sculpture Park. Then move over to the extraordinary collection of 158 art pieces at the Benson Sculpture Garden situated around a lagoon amidst trees, flowers and natural habitats. Bring a sack lunch, as this is a perfect place to have a picnic. This excursion has a high amount of walking.

9/16 Th 9:30 AM - 4:00 PM \$24/\$19 42060811

Fall Colors - Peak to Peak

Enjoy the flickering gold as you travel through Lyons to Estes Park. Take some time for lunch and shopping in Estes Park. Have lunch at a restaurant of your choice. Then travel south along the Peak to Peak Highway, Colorado's oldest scenic byway. Bring your camera.

9/24 F 8:30 AM - 4:00 PM \$25/\$20 42060911

Thoroughbred Horse Racing - Aurora

Get on your mark, get set, GO! We are heading down to Arapahoe Park for some horse racing fun. Try your luck betting on the horses or just have fun watching them run. Bring money for lunch, the track serves concessions such as hot dogs, hamburgers and bratwurst, as well as beer and mixed nuts. Fee includes admission, race program, tip sheet and air-conditioned clubhouse seating.

9/25 Sa 9:15 AM - 2:30 PM \$39/\$31 42061011

The Wild Animal Sanctuary - Keenesburg

All animals need love! Experiencing this sanctuary is not like the zoo. The sanctuary provides rescue and rehabilitation for 500+ animals from horrific captive situations so they can live and roam freely within large natural habitats. Experience the three-mile elevated walkway and see the serene setting where tigers, wolves, bears and prides of African lions roam freely. Lunch on site at the Lion's Den Café or have a picnic on your own.

9/27 M 9:00 AM - 3:00 PM \$66/\$54 42061111



OCTOBER

Follow Gold to Breckenridge

Patches of brilliant gold aspens glow as if touched by King Midas. Travel on Highway 285 through Fairplay, over Hoosier Pass and into Breckenridge for fabulous views. Spend some time in Breckenridge exploring and try out a restaurant. Journey back on I-70.

10/4 M 8:30 AM - 4:30 PM \$25/\$20 42061211

Peter Pan at Candlelight Dinner Playhouse – Johnstown

Peter Pan is one of the most beloved and performed family favorites of all time. This high-flying Tony Award-winning musical has delighted audiences for 60 years. Peter and his mischievous fairy sidekick, Tinkerbell, visit the nursery of the Darling children late one night, and with a sprinkle of pixie dust, begin a magical journey across the stars that none of them will ever forget. A delicious dinner, drink and gratuity are included.

1.0/7 Th 5:00 – 11:00 PM \$91/\$76 42061311

Historic Englewood Tour

Something happened in Englewood in July of 1858 that changed the course of American history. Join Englewood historian and citizen Doug Cohn and see the locations and hear the stories. Then we will set off to see the first house, the Santa Fe train depot, light rail system, the site of General Iron Works, the first bridge across the Platte River south of Denver and other historic places. Englewood has been home to many innovative thinkers and inventors, and you will find out about them. Lunch will be at an Englewood restaurant. 10/8 F 10:00 AM – 3:00 PM \$25/\$20 42061411

iFly Indoor Skydiving - Lone Tree

Enjoy an adventure of a lifetime and float on a cushion of air with the feeling of skydiving! No jumping or falling. Perfect for anyone age 3–103! Your experience will include a first-time flyer course, flight gear and two flight rotations with instructor in the wind tunnel. Plus, a link to a video of your flight and a personalized certificate. Lunch will be at a nearby restaurant.

10/12 Tu 10:15 AM - 2:15 PM \$87/\$70 42061511

Pikes Peak Cog - Colorado Springs

The Cog has been climbing Pikes Peak since 1891 and is the world's highest cog railroad. After a few years of closure, it now has a new track, trains, depot and cog, which makes the same breathtaking experience even better. At the top, visit the Summit Complex at 14,000 feet, with indoor and outdoor interpretive exhibits. We'll stop for breakfast on the way.

10/14 Th 8:00 AM - 4:30 PM \$98/\$79 42061611

Hot Sulphur Springs Resort & Spa

Soak it all in at the beautiful hot springs! This day will be relaxing beyond imagination. Over 200,000 gallons of natural hot mineral-rich water flows into the 21 mineral pools and baths every day, controlled at 95° to 112°F. There are 10 minerals in the water, all of which are good for the body. There are no abrasive minerals, chemicals or harmful elements. Bring a sack lunch, bathing suit and towel. Note: A microwave is available.

10/20 W 8:00 AM - 4:00 PM \$57/\$46 42061711

Anderson Farms Corn Maze - Erie



Be a kid for a day! Get lost in the giant 25-acre corn maze. Visit the barnyard and meet the animals from goats and alpacas to chickens and ducks. Take the wagon ride to the pumpkin patch where they grow over 70 kinds of pumpkins, squash and gourds for purchase. Lastly, watch the pumpkin cannon hurl a pumpkin a quarter mile. Grab lunch at their concessions or bring your own.

10/22 F 10:30 AM - 3:30 PM \$22/\$18 42061811

Federal Phoenix: The Boulevard Reborn Tour – Denver

Step-on-Guide Kevin Snow with Denver History Tours is back with a new tour! Federal Boulevard has been part of local history for years. Connecting it by streetcar, it grew steadily, eventually reaching farmers' fields. However, it also saw some consequences of disinvestment and decay. No longer! Federal's relegation to yesteryear has ended as this story-filled boulevard rises from its ashes in an inward-looking city. From water parks to the Far East and chic historic neighborhoods to shiny new ones, Federal Boulevard is giving new meaning to "median." Let's give it a drive! There will be a lunch stop.

10/28 Th 10:00 AM - 3:00 PM \$39/\$33 42061911



EXCURSIONS

The Elvis Experience at Candlelight Dinner Playhouse – Johnstown

Enjoy this true Elvis tribute show! George Gray brings back the memory and excitement of the world-famous performer. George and the Elvis Experience Band recreate an authentic Elvis concert experience with hit after hit like *Amazing Grace*, *In the Garden* and *Peace in the Valley*. A delicious dinner, drink and gratuity are included.

11/2 Tu 5:00 - 11:00 PM \$82/\$69 42062011

Chautauqua Dining Hall – Boulder

Taking the scenic Highway 93 drive to Boulder, enjoy breakfast or lunch at the Chautauqua Dining Hall, a tradition since 1898. Savor the spectacular views from the enchanting wraparound porch while enjoying fresh Colorado bistro cuisine. There will be time to walk the grounds, view the Flatirons or stop at the General Store for an espresso, after-lunch dessert or a souvenir. Meal on your own, \$9–\$15.

11/4 Th 9:45 AM - 2:15 PM \$17/\$14 42062111

Islamorada Fish Company & Bass Pro Shop

Owned and operated by Bass Pro Shops, Islamorada Fish Company is one of the best restaurants in the city. It features several true-to-life oceanic scene depictions and murals, plus a 13,000 gallon saltwater aquarium filled with different species of saltwater fish that are indigenous to the Islamorada area. Menu includes fried alligator, venison-stuffed mushrooms or smoked fish dip. Or dine on homemade clam chowder, spare ribs or their world-famous fish sandwich. After lunch, it's off to shop at Bass Pro Shop for all your outdoor needs.

1/8 M 10:45 AM – 3:00 PM \$17/\$14 42062211

Fun in Castle Rock

Plan to explore this gem! The Barn: Antique & Specialty Shops, the oldest and most unique store in town! With a friendly staff and so much to look at, you will find one-of-kind items and want to go back for more! After the downtown shopping, delight in dining at the Italian kitchen, Siena at the Courtyard (\$11–\$19). Shopping and lunch on your own.

./11 Th 9:30 AM - 2:15 PM \$16/\$13 42062311

Hammond's Candies Tour - Denver

Just in time for the holidays! Ever wonder how lollipops, candy canes and other treats are made? Thousands visit Hammond's Candies every year to watch as treats are pulled, twisted, shaped and packaged by hand – just like they have been since 1920. Take home some tasty sweet treats, fresh from the factory. Lunch will be at Mickey's Top Sirloin.

11/17 W 10:30 AM - 1:45 PM \$12/\$10 42062411

Georgetown Loop Railroad

Start the holiday season with a train ride in the mountains with Santa Claus! It's a unique wintertime experience with a light show synchronized to music, free hot cocoa and cookies. Completed in 1884, this spectacular stretch of narrow-gauge railroad was considered an engineering marvel. Ride along in the heated train car for an hour and shop in the extensive gift shop. We'll have an early dinner at a restaurant of your choice.

./30 Tu 3:30 - 8:30 PM \$62/\$52 42062511





Mountain Hiking Adventures - Moderate/Advanced/Easy Level

Enjoy Colorado with one of our many levels of hiking adventures, which includes easy hikes. Come prepared with a daypack, hiking boots, sack lunch, water (more if it's hot), rain gear, hat, sun lotion, insect repellent, whistle, walking stick, warm clothing and money for an ice cream stop. Please pick hike appropriate to your ability and fitness level.

 $Locations\ are\ subject\ to\ change\ depending\ on\ weather\ or\ trail\ conditions.$

Fee: \$22/\$18

Intermediate to Advanced Level

Number	Date	Day	Time	Location	Length	Elev. Start	Elev. Gain	Difficulty	Near
42162011	9/1	W	7:00 ам – 5:00 рм	Staunton Ranch Trail	6.6 mi	8,200'	500′	E-M	Pine
42162012	9/7	Tu	7:00 ам – 5:00 рм	Mineral Belt Trail	2.0 – 11 mi	10,192'	419'	E-M	Leadville
42162013	9/15	W	7:00 ам – 5:00 рм	The Lock & Sky Pond	5 – 9.0 mi	9,240'	940-1,660′	М	Estes Park/RMNP
42162014	9/21	Tu	7:00 ам – 5:00 рм	Songbird Loop Trail	3.6 mi	7,002′	800'	М	Conifer
42162015	9/29	W	7:00 ам – 5:00 рм	Arthur's Rock	2.6 – 8.0 mi	5,500′	1,280′	М	Ft. Collins
42162016	10/5	Tu	8:00 ам – 5:00 рм	Cheesman Ranch Loop	5.7 mi	8,210'	536′	М	Divide
42162017	10/13	W	8:00 ам – 5:00 рм	Frazer Meadow	4.0 mi	8,100'	950′	М	Golden Gate State Park
42162018	10/19	Tu	8:00 ам – 5:00 рм	Travois Trail	4.2 – 7.0 mi	7,750′	710′	E-M	Golden
42162019	10/27	W	8:00 ам – 5:00 рм	Pine Valley Ranch	2.6+ mi	7,000′	600′	М	Pine

Easy Level

Number	Date	Day	Time	Location	Length	Elev. Start	Elev. Gain	Difficulty	Near
42163011	9/1	W	7:00 AM - 5:00 PM	Davis Ponds Loop	2.3 mi	8,190'	295′	E	Pine
42163012	9/7	Tu	7:00 ам – 5:00 рм	Mineral Belt Trail	2.0 – 11 mi	10,192'	419'	E	Leadville
42163013	9/21	Tu	7:00 ам – 5:00 рм	Songbird/Hummingbird Loop	2.1 mi	7,002′	482'	E	Conifer
42163014	9/29	W	7:00 ам – 5:00 рм	Well Gulch Nature Loop	1.8 mi	5,480′	426′	E-M	Ft. Collins
42163015	10/5	Tu	8:00 AM - 5:00 PM	Outlook Ridge Trail	1.5 mi	7,047'	291'	E	Divide
42163016	10/19	Tu	8:00 AM - 5:00 PM	Travois Trail	4.2 – 7.0 mi	7,750′	411'	E-M	Golden
42163017	10/27	W	8:00 AM - 5:00 PM	Pine Valley Ranch	2.0 mi	7,000′	110′	E	Pine



City of Englewood is an equal opportunity service provider and employer. City of Englewood operates under special use permit from the USDA Forest Service, White River National Forest.



The Symposium for Senior Safety

Wednesday, September 22 • 10:00 AM - 3:00 PM • Free

Malley Recreation Center

Learn all aspects of keeping seniors safe, healthy and aware of the dangers one may face. Information about personal safety while in the community, suicide prevention, falls, fires and more will be shared. Special guests from HealthOne, Denver Fire Department, Englewood Police Department, Health Hospice and Martial Arts. Lunch, refreshments and door prizes will be provided. Space is limited, so register today!

Sponsored by: Rocky Mountain Railroad Heritage Society

Fall Harvest Lunch

Thursday, October 21 • 11:30 AM

Tickets are \$10 in advance, \$12 the day of the event.

Malley Recreation Center

Walk through the changing colors and fallen leaves! Delicious meal of ham, potatoes, green beans and carrot cake will be provided. Enjoy live entertainment by Mindy Sterling. You won't want to miss out on the fun afternoon!

Sponsored in part by: McGirl Insurance and HealthOne Swedish Medical Center

41st Anniversary Holiday Bazaar

Saturday, November 6 • 9:00 AM – 4:00 PM • Free entry

Malley Recreation Center

Over 100 artisans are available to choose from for wonderful handmade crafts and fine art. Get a head start on your holiday shopping! Invite your friends and neighbors to attend this annual Englewood tradition! Concessions will be available. Perfect one-stop shopping event!

Sponsored in part by: HealthOne Swedish Medical Center & Hallmark Nursing

Englewood Holiday Market

An online gift shopping experience to shop and support local, metro and national artisans, crafters and small businesses! Enjoy shopping from home for unique gifts and handmade items from a wide selection of jewelry, handcrafted items, clothing and apparel, art, home decor, delicious treats and much more. Visit engelwoodco.gov to explore and shop.

Artisans registration for the Bazaar and the Market begins Wednesday, September 8 for Englewood residents. All other artisans may register starting Friday, September 10.

Register online at **englewoodco.gov** or in-person at the Malley Recreation Center Monday – Friday 8:00 AM – 4:30 PM, Saturday 9:00 – 11:30 AM.

GUEST SPEAKER SERIES • Sponsored by Bright Health

History of Colfax Avenue

Kevin Snow, Denver History Tours

Wednesday, September 15 • 1:30 PM • Tickets \$6

Tour Denver's infamous Colfax Avenue 26-mile history from Golden to Aurora. Presented by Denver History Tours, learn about the evolution of this avenue and each cities' efforts to improve Colfax's image, including the major redevelopment at the old Fitzsimons Hospital. Colfax is a microcosm of Denver society, and this tour will help us learn about it.

Denver Broncos History with Scott Perry

Wednesday, October 6 • 1:30 PM • Tickets \$6

Local author Scott Perry has been updating his NFL/Broncos history book since 1970 in his effort to show his desire to have the Denver Broncos become the New York Yankees of Pro Football. Join Scott as he shares all the fun facts about how Denver ranks as an NFL city. There is a surprise ending Denver fans can take away despite enduring their longest ever winning drought. All ages of "Broncomaniacs" will walk out excited to be part of the Bronco Nation. Let's huddle up and "Go Broncos!"

The Best of Colorado's Beasts

Kevin Snow, Denver History Tours

Wednesday, November 10 • 1:30 PM • Tickets \$6

Beyond the borders of our cities – wild things call that home. Learn about the animals that have long called Colorado home before turning our attention to a new branch of the Wild Animal Sanctuary, in southeastern Colorado, where exotic beasts have found a new home. Some of the questions surrounding the state's animals are quite contentious, and there is a divide between city and country. Join us for the howling-good time!





Drop-In Rates

Daily Group Fitness / Yoga Pass

\$10/\$8

Drop-in not available for Pilates Reformer, Tai Chi for Balance or Group Personal Training Classes.

ERC Fitness Orientation

Ages: 13 yrs +

Learn to correctly operate the Technogym weight machines and cardiovascular equipment in a group setting. Please register at least two days in advance to ensure your place in class. This orientation is a prerequisite for all 13- and 14-year-olds wishing to utilize the weight and cardiovascular areas within the Recreation Center. *Location: ERC*

9/9	Th	6:00 - 7:15 PM	FREE	42253511
10/13	W	5:30 - 6:45 PM	FREE	42253512
11/10	W	12:15 – 1:30 РМ	FREE	42253513

Personal Training

Get inspired, boost your confidence and accomplish your goals!

The benefits of working with a personal trainer include:

- Individualized fitness program specifically designed for you
- Efficient workout program with innovative ways to improve your health
- Professional assistance in improving strength, flexibility, posture, endurance, balance, coordination and cardiovascular health
- Instruction on correct form and technique for cardiovascular exercise and strength training

To schedule an appointment, please call our Personal Training line at 303-762-2678.

	Sessions	Fee	Res Fee
Private	3	\$154	\$123
60-minute	6	\$278	\$222
sessions	10	\$425	\$340
Private	3	\$109	\$87
30-minute	6	\$210	\$168
sessions	10	\$325	\$260

Small group sessions of 2–3 people are available. Please call the Personal Training line for pricing. *Note: No-shows and cancellations not made with your personal trainer at least 24 hours in advance will result in loss of the session.*

Pilates Reformer and Yoga Personal Training available. See page 54 for more information and rates.

Nutrition Counseling

The registered dietitians on our referral list offer individualized nutritional counseling for all ages. They can assist with weight management, chronic disease prevention, vegetarian and sports nutrition, medical nutrition therapy, women's health issues and pediatric nutrition. Call 303-762-2678 for our Registered Dietitian Referral list.

The ZONE at ERC Class Schedule

DAY	TIME	CLASS
М	6:00 РМ	Ultimate Fitness
Tu	10:00 AM	FUNctional FITness
W	6:00 рм	Burn and Build
Th	10:00 AM	Balance, Core and More
Sa	9:00 ам	Ultimate Fitness



Classes now in session! Only \$10 per class!

Join Tetro Performance and their certified coaches for a variety of challenging and motivational classes. Be sure to check the front desk or visit **TetroPerformance.com/blog** for class times and descriptions.



ADULT FITNESS (CONTINUED)

TRX Boot Camp

Ages: 13 yrs +

Fire up your metabolism, burn calories and get stronger and leaner, faster! TRX Suspension Trainers will be incorporated into the workout

Location: ERC Instructor: Libby Butler

Zumba

ADULT FITNESS

Ages: 13 yrs +

Zumba is a Latin-inspired dance-fitness class that combines energizing music and easy-to-follow moves for a fun, effective cardiovascular workout. Rhythms in this class will tone and sculpt your body.

Location: ERC Instructor: Lisa Pope

NEW Move It or Lose It

Ages: 13 yrs +

Sweat, smile and start the day out right with this early morning movement-based class; a high-energy cardiovascular workout designed to keep your body moving and your heart rate up.

Location: ERC Instructor: Kyle Shisler

Pop Pilates

Ages: 13 yrs +

A total body workout that sculpts a rock-solid core and a lean body. Develop strength and flexibility through resistance work using your own body weight and a yoga mat. Class is for all levels.

Location: ERC Instructor: Lisa Pope

NEW Midday Reset

Ages: 13 yrs +

Take a mindful break from your day and unwind tight muscles with a stretch that can be done with no equipment in a small space. Class is for all levels.

Location: ERC Instructor: Kyle Shisler

Zumba Toning

Ages: 13 yrs +

Perfect for those who want to party, but put extra emphasis on toning and sculpting to define those muscles! Dance to great Latin music while toning arms, legs and core... and have fun!

Location: ERC Instructor: Lisa Pope

Indoor Cycling

Ages: 13 yrs +

Optimum fat burning awaits you on this journey, which will simulate varied terrain and drills to give you a great interval workout. Class participants assist with equipment setup and breakdown. Bike pedals compatible with athletic shoes, SPD and Look cleats.

Location: ERC Instructors: Erica Krier (W), Libby Butler (Th)

Essentrics

Ages: 13 yrs +

A low-impact moving and stretching class with a full body workout. It is a combination of yoga, Pilates, tai chi and ballet to help you stay flexible and less stiff. Great for athletes seeking an increase in range of motion and an increase in speed and agility.

Location: ERC Instructor: Paulette Fara-Schembri

NEW Muscle Gaining Functional Training

Ages: 13 yrs +

Focus on building strength and endurance to improve your everyday life by utilizing body weight, dumbbells and resistance bands in this class for all fitness levels.

Location: ERC Instructor: Kyle Shisler

Barre Sculpt

Ages: 13 yrs +

Use the ballet barre, light weights, isometric exercises and your body's balance to firm, lengthen, lift and sculpt graceful arms, thighs, abs and glutes. It's gentle on the joints but gives powerful results.

Location: MRC Instructor: Stacy Lochowicz

Fit Body Express

Ages: 13 yrs +

A high-intensity endurance-based workout. Shed fat, define muscle, transform the look of your entire physique and dramatically enhance your overall health and athletic performance. If you are looking for results and are willing to put in the effort – this class is for you!

Location: ERC Instructor: Libby Butler

Fitness Fusion

Ages: 13 yrs +

You will never get bored with this eclectic blend of exercises. TRX Suspension and Rip Training will be used along with BOSUs, glides, dumbbells and body weight training. You will get the ideal mix of strength, endurance, balance, coordination, flexibility, power and core stability.

Location: ERC Instructor: Libby Butler



STARRED CLASSES (★) ARE INCLUDED IN THE PREMIER ANNUAL PASS. SEE PAGE 23.

ADULT FITNESS							
Class	Activity#	Dates	Days	Time	Location	Fee	Res Fee
★ TRX Boot Camp	42250411	9/13 – 9/27	М	5:25 - 6:25 PM	ERC	\$16	\$13
	42250412	10/4 – 10/25	М	5:25 - 6:25 PM	ERC	\$22	\$17
	42250413	11/1 – 11/29	М	5:25 - 6:25 PM	ERC	\$26	\$21
★ Zumba	42250911	9/13 - 9/27	М	6:35 – 7:35 рм	ERC	\$16	\$13
	42250912	10/4 - 10/25	М	6:35 – 7:35 рм	ERC	\$22	\$17
	42250913	11/1 – 11/29	М	6:35 – 7:35 рм	ERC	\$26	\$21
NEW Move It or Lose It	42251211	9/7 – 9/28	Tu	6:30 - 7:30 AM	ERC	\$22	\$17
	42251212	10/5 – 10/26	Tu	6:30 - 7:30 AM	ERC	\$22	\$17
	42251213	11/2 - 11/30	Tu	6:30 – 7:30 ам	ERC	\$26	\$22
♠ Pop Pilates	42251111	9/7 – 9/28	Tu	5:30 - 6:30 PM	ERC	\$22	\$17
	42251112	10/5 – 10/26	Tu	5:30 - 6:30 PM	ERC	\$22	\$17
	42251113	11/2 – 11/30	Tu	5:30 - 6:30 PM	ERC	\$26	\$22
NEW Midday Reset	42251511	9/8 – 9/29	W	12:10 – 12:40 РМ	ERC	\$11	\$9
	42251512	10/6 – 10/27	W	12:10 – 12:40 РМ	ERC	\$11	\$9
	42251513	11/3 – 11/24	W	12:10 – 12:40 РМ	ERC	\$11	\$9
★ Zumba Toning	42251611	9/8 – 9/29	W	5:30 – 6:30 рм	ERC	\$22	\$17
	42251612	10/6 – 10/27	W	5:30 – 6:30 рм	ERC	\$22	\$17
	42251613	11/3 - 11/24	W	5:30 – 6:30 рм	ERC	\$22	\$17
★ Indoor Cycling	42250321	9/8 – 9/29	W	5:45 – 6:45 рм	ERC	\$22	\$17
	42250322	10/6 - 10/27	W	5:45 – 6:45 рм	ERC	\$22	\$17
	42250323	11/3 - 11/24	W	5:45 – 6:45 рм	ERC	\$22	\$17
Essentrics	42251411	9/8 – 9/29	W	6:00 – 7:00 PM	ERC	\$26	\$22
	42251412	10/6 – 10/27	W	6:00 – 7:00 рм	ERC	\$26	\$22
	42251413	11/3 - 11/24	W	6:00 – 7:00 рм	ERC	\$26	\$22
Muscle Gaining Functional Training	42251311	9/9 – 9/30	Th	6:30 – 7:30 AM	ERC	\$22	\$17
Functional Training	42251312	10/7 - 10/28	Th	6:30 – 7:30 AM	ERC	\$22	\$17
	42251313	11/4 - 11/18	Th	6:30 - 7:30 AM	ERC	\$16	\$13
Barre Sculpt	42251011	9/2 – 9/16	Th	9:00 – 9:45 AM	MRC	\$28	\$22
·	42251012	10/7 - 10/28	Th	9:00 – 9:45 AM	MRC	\$37	\$30
	42251013	11/4 - 11/18	Th	9:00 – 9:45 AM	MRC	\$28	\$22
Fit Body Express	42250811	9/9 – 9/30	Th	5:45 - 6:30 PM	ERC	\$22	\$17
	42250812	10/7 – 10/28	Th	5:45 - 6:30 PM	ERC	\$22	\$17
	42250813	11/4 - 11/18	Th	5:45 – 6:30 PM	ERC	\$16	\$13
★ Indoor Cycling	42250331	9/9 – 9/30	Th	6:35 – 7:35 PM	ERC	\$22	\$17
a masor oyemig	42250332	10/7 - 10/28	Th	6:35 – 7:35 PM	ERC	\$22	\$17
	42250333	11/4 - 11/18	Th	6:35 – 7:35 PM	ERC	\$16	\$13
Pop Pilates	42251121	9/11 - 9/25	Sa	8:05 – 9:00 AM	ERC	\$16	\$13
. op i nates	42251121	10/2 - 10/30	Sa	8:05 – 9:00 AM	ERC	\$26	\$21
	42251123	11/6 - 11/27	Sa	8:05 – 9:00 AM	ERC	\$20	\$17
Fitness Fusion	42251123	9/11 - 9/25		9:15 - 10:15 AM	ERC		\$17
I IUICSS FUSIOII	42250612	10/2 - 10/30	Sa		ERC	\$16	
	42250012	10/2 - 10/30	Sa	9:15 – 10:15 AM	ERC	\$26	\$21



Fitness Club

Ages: 55 yrs +

Improve your level of fitness with low-impact aerobics and flexibility training, followed by strengthening exercises.

Location: MRC *Instructor: Stacy Lochowicz*

SilverSneakers Classic

Ages: 55 yrs +

Increase strength and range of movement. Handheld weights, elastic tubing with handles, and a ball will be used. A chair is used for support. Class is open to all.

Location: MRC Instructor: Stacy Lochowicz

NEW Muscle, Core and Balance Training

Ages: 55 yrs +

This class will incorporate machine and free weights, core, balance and flexibility exercises in a small group. Formerly known as Beginning Weight Training. Join us for a complete body workout. Location: MRC Instructor: Stacy Lochowicz, Doug Smith

Step Smart

Ages: 55 yrs +

Focus on walking basics through motion and body awareness. Students learn to improve their gait, posture and balance in a safe and fun community atmosphere. Liz is B.Sc., Certified Exercise Physiologist and International Masters USATF Race Walker.

Location: ERC Instructor: Liz Shepard

Total Body Fitness



Stay fit, agile and active while increasing muscle strength, cardiovascular function, coordination, balance and range of motion in both the upper and lower body.

Location: MRC Instructor: Doug Smith

NEW Indoor Cycling for Life

Ages: 16 yrs +

Remember riding your bike? Benefits abound from riding a stationary bike - increased movement, less joint pain and more smiles. Learn correct alignment and varied hand positions. Participants assist with equipment setup and breakdown. Bike pedals compatible with athletic shoes, SPD and Look cleats.

Instructor: Barbara Meadows

Parkinson's, MS & More Fitness

Ages: 55 yrs +

This class incorporates exercises targeting deficits specific to people with Parkinson's disease or multiple sclerosis, stroke recovery or movement disorders by emphasizing strength, balance and flexibility movement that targets dexterity, rigidity, akinesia, bradykinesia, postural stability, cognition and gait. The class includes a head-to-toe seated warmup, followed by unique standing exercises and routines. Participants who use a walker or wheelchair are required to have a caregiver or driver with them during the class. This class is continuous and new participants can join at any time. No class 10/9.

Location: MRC Instructor: Liz Shepard

Malley Fitness Orientation

If you are new to the Malley Fitness Center, we suggest attending an orientation. Learn weight room safety, etiquette and receive an introduction to equipment adjustment and proper exercise techniques. This is not a weight training class.

9/1	W	11:00 AM - NOON	42263511
10/4	M	4:00 - 5:00 PM	42263512
11/1	М	11:00 AM - NOON	42263513







ERC = Englewood Recreation Center, MRC = Malley Recreation Center

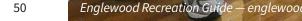
STARRED CLASSES (★) ARE INCLUDED IN THE PREMIER ANNUAL PASS. SEE PAGE 23.

		ACTIVE AI	DULT F	ITNESS			
Class	Activity#	Dates	Days	Time	Location	Fee	Res Fee
★ Fitness Club	42260111	9/1 - 9/29	M, W	9:00 – 10:00 AM	MRC	\$26	\$21
	42260112	10/4 – 10/27	M, W	9:00 – 10:00 AM	MRC	\$26	\$21
	42260113	11/1 – 11/29	M, W	9:00 – 10:00 AM	MRC	\$30	\$24
★ SilverSneakers Classic 🗐	42261011	9/1 – 9/29	M, W	10:15 - 11:15 AM	MRC	\$26	\$21
	42261012	10/4 – 10/27	M, W	10:15 - 11:15 AM	MRC	\$26	\$21
	42261013	11/1 – 11/29	M, W	10:15 - 11:15 AM	MRC	\$30	\$24
★ Total Body Fitness =	42260511	9/2 – 9/30	Tu, Th	8:30 - 9:30 AM	MRC	\$34	\$27
	42260512	10/5 – 10/28	Tu, Th	8:30 - 9:30 AM	MRC	\$30	\$24
	42260513	11/2 - 11/30	Tu, Th	8:30 - 9:30 AM	MRC	\$30	\$24
NEW Muscle, Core	42263311	9/1 – 9/29	M, W	1:00 - 2:00 PM	MRC	\$36	\$34
and Balance Training	42263312	10/4 – 10/27	M, W	1:00 - 2:00 PM	MRC	\$36	\$34
	42263313	11/1 – 11/29	M, W	1:00 - 2:00 PM	MRC	\$36	\$34
Step Smart	42260311	9/7 – 9/28	Tu	9:00 - 9:45 AM	ERC	\$17	\$14
	42260312	10/5 – 10/26	Tu	9:00 – 9:45 AM	ERC	\$17	\$14
	42260313	11/2 – 11/30	Tu	9:00 – 9:45 AM	ERC	\$22	\$18
NEW Indoor Cycling for Life	42260811	9/14 - 9/28	Tu	11:15 АМ – 12:15 РМ	ERC	\$16	\$13
	42260812	10/5 – 10/26	Tu	11:15 АМ – 12:15 РМ	ERC	\$22	\$17
	42260813	11/2 - 11/30	Tu	11:15 АМ – 12:15 РМ	ERC	\$26	\$21
NEW Step Smart	42260321	9/9 – 9/30	Th	1:00 – 1:45 рм	ERC	\$17	\$14
	42260322	10/7 - 10/28	Th	1:00 – 1:45 рм	ERC	\$17	\$14
	42260323	11/4 - 11/18	Th	1:00 – 1:45 рм	ERC	\$13	\$10
Parkinson's,	42260911	9/4 – 9/25	Sa	10:30 - 11:45 AM	MRC	\$19	\$15
MS & More Fitness	42260912	10/2 - 10/30*	Sa	10:30 - 11:45 AM	MRC	\$19	\$15
	42260913	11/6 – 11/27	Sa	10:30 – 11:45 ам	MRC	\$19	\$15

^{*} No class 10/9









GENTLE YOGA AND TAI CHI

Beginning/Advanced Tai Chi for Better Balance

Ages: 55 yrs +, 18–54 Space Available

Improve your balance while enhancing your agility and coordination with tai chi-based movements. The class format and design have been acknowledged as one of the few evidence-based interventions for the prevention of falls by the Centers for Disease Control and National Center for Injury Prevention and Control. Beginning and advanced classes are offered. Advanced class participation must be approved by the instructor.

Location: MRC Instructor: Patty Vogt

Light Yoga

Ages: 55 yrs +

For individuals who desire a traditional yoga practice but require modifications for mobility limitations, this class is a perfect fit. Gently ease your way through stretches and poses and feel light on your feet. You must be able to get down and up from the floor. No class 10/8.

Location: MRC Instructor: Barbara Meadows

Seated Yoga

Ages: 55 yrs +

Move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and a final relaxation will promote stress reduction and mental clarity.

Location: ERC Instructor: Sky Headland

Gentle Yoga

Ages: 55 yrs +

Let go of stress through full spectrum of gentle standing, seated and floor poses. Practice with your body. Get detailed explanations of the poses, with time to listen to your body and focus on your aliment in each poses. Focus more on the breath and practice breath work, (pranayama). Finish your practice in Savasana with guided relaxation.

Location: MRC Instructor: Erin Mathiason

Therapeutic Tai Chi

Ages: 55 yrs +

Better manage chronic health conditions and improve overall well-being based on a variety of true evidence-based tai chi styles and forms. Movements are performed in a slow, relaxed manner with continual deep breathing to improve concentration and quiet the body. Strengthen muscles and joints, increase flexibility and coordination, improve posture and balance while integrating the mind, body and spirit. No class 10/7.

Location: MRC Instructor: Phred Hall

ACTIVE YOGA AND TAI CHI

Tai Chi Yoga Fusion

Ages: 16 yrs +

Blending the best of both ancient arts, your practice will be filled with gentle, fluid movements, stretches and peaceful poses. Gain physical strength and flexibility, increased energy, inner quietness and more.

Location: MRC Instructor: Erin Mathiason

Foundations Yoga

Ages: 13 yrs +

Learn the basic yoga poses and breathing techniques. Improve strength, flexibility and stress relief. This is the perfect class for someone with little or no previous yoga experience.

Location: ERC Instructor: Roseanna Frechette

Hatha Yoga

Ages: 16 yrs +

Increase flexibility, build strength, calm the mind and open the heart with hatha yoga. Hatha yoga is a balanced combination of sustained poses with attention to alignment principles and integrated with the breath. Beginners are welcome to attend; this is an all-levels class.

Location: MRC Instructor: Erin Mathiason

Core & Hip Yoga

Ages: 13 yrs +

Improve flexibility, balance and strength, with a focus on hips and core, to protect the back. Modifications and props available. Appropriate for beginner to intermediate. No class 10/9.

Location: MRC Instructor: Stephanie Turner







 ${\sf ERC = Englewood\ Recreation\ Center}, {\sf MRC = Malley\ Recreation\ Center}$

GENTLE YOGA & TAI CHI									
Class		Activity #	Dates	Days	Time	Location	Fee	Res Fee	
Beginning Tai Chi for Better Balance		42255311	9/21 – 11/30	Tu, Th	2:30 – 3:30 рм	MRC	\$94	\$75	
Advanced Tai Chi for Better Balance		42255411	9/21 – 11/30	Tu, Th	1:30 – 2:30 рм	MRC	\$94	\$75	
Light Yoga		42258211	9/3 – 9/28	Tu, F	8:30 – 9:45 ам	MRC	\$43	\$35	
		42258212	10/1 – 10/29	Tu, F	8:30 – 9:45 ам	MRC	\$43	\$35	
		42258213	11/2 – 11/30	Tu, F	8:45 – 10:00 AM	MRC	\$43	\$35	
Seated Yoga		42258311	9/7 – 9/30	Tu, Th	10:00 – 11:00 АМ	ERC	\$43	\$34	
		42258312	10/5 – 10/28	Tu, Th	10:00 – 11:00 AM	ERC	\$43	\$34	
		42258313	11/2 – 11/30	Tu, Th	10:00 – 11:00 АМ	ERC	\$43	\$34	
Gentle Yoga		42258511	9/7 – 9/28	Tu	10:30 - 11:45 AM	MRC	\$31	\$25	
		42258512	10/5 – 10/26	Tu	10:30 – 11:45 AM	MRC	\$31	\$25	
		42258513	11/2 - 11/30	Tu	10:30 – 11:45 AM	MRC	\$40	\$31	
Therapeutic Tai Chi		42255111	9/2 – 9/30	Th	9:00 – 10:00 AM	MRC	\$40	\$31	
		42255112	10/14 - 10/28	Th	9:00 – 10:00 AM	MRC	\$19	\$15	
		42255113	11/4 - 11/18	Th	9:00 – 10:00 AM	MRC	\$23	\$19	

ACTIVE YOGA & TAI CHI									
Class	Activity#	Dates	Days	Time	Location	Fee	Res Fee		
Tai Chi Yoga Fusion	42255511	9/13 – 9/27	М	4:00 – 5:00 рм	MRC	\$23	\$19		
	42255512	10/4 - 10/25	М	4:00 – 5:00 рм	MRC	\$31	\$25		
	42255513	11/1 - 11/29	М	4:00 – 5:00 рм	MRC	\$40	\$31		
Foundations Yoga	42256211	9/7 – 9/28	Tu	5:45 – 7:00 рм	ERC	\$34	\$27		
	42256212	10/5 - 10/26	Tu	5:45 – 7:00 рм	ERC	\$34	\$27		
	42256213	11/2 - 11/30	Tu	5:45 – 7:00 рм	ERC	\$42	\$33		
Hatha Yoga	42256911	9/1 – 9/29	W	4:00 – 5:00 РМ	MRC	\$42	\$33		
	42256912	10/6 – 10/27	W	4:00 – 5:00 рм	MRC	\$34	\$27		
	42256913	11/3 - 11/24	W	4:00 – 5:00 рм	MRC	\$34	\$27		
Core & Hip Yoga	42257111	9/4 – 9/25	Sa	9:00 - 10:00 AM	MRC	\$34	\$27		
	42257112	10/2 - 10/30	Sa	9:00 – 10:00 AM	MRC	\$34	\$27		
	42257113	11/6 - 11/27	Sa	9:00 – 10:00 AM	MRC	\$34	\$27		





Pilates exercises with controlled movement, improves flexibility, builds strength, and develops control and endurance within the entire body. Throughout the class, the priority is to promote alignment and breathing to develop a strong core, which will help improve coordination and balance. The core, which consists of the muscles of the abdomen, lower back and hips, often called the "powerhouse," is thought to be the key to a person's stability. Our program provides safe modifications that range from beginning to advanced, specific to the participant's goals or limitations.

Our 4-Step Pilates Program takes you from an initial orientation to an advanced level for an additional challenge. This new program will provide a safe, enjoyable, challenging workout for both the new and experienced Pilates participants.

ENGLEWOOD'S PREMIER 4-STEP PILATES PROGRAM

STEP ONE: Essential Pilates Orientation

Ages: 16 yrs +

Explore Pilates! Pilates is a method of exercise and physical movement designed to stretch, strengthen and balance the body. Learn the history and how the Reformer works. Exercises are low impact and may be adapted for individuals of any fitness level. When completed, your instructor will determine which step will be best for you based on your level. Please register in advance. Once complete, the fee from this class will be applied toward appropriate Step in the process.

Location: MRC

PILATES PERSONAL TRAINING

Pilates is the perfect exercise for beginners needing one-on-one instruction, experienced exercisers ready for advanced moves, athletes looking to improve performance and individuals in post-rehab following an injury. Each session is 60 minutes.

To schedule, call 303-762-2678 and leave a message requesting either Reformer or mat instruction. Your call will be returned within two business days. Yoga personal training is also available.

PRIVATE: ONE-ON-ONE						
	Fee	Res. Fee				
1 Session	\$59	\$47				
3 Sessions	\$163	\$130				
6 Sessions	\$300	\$240				

Small group sessions for 2–3 people are available. Please call Personal Training Line for pricing. **Note:** No-shows and cancellations not made with your personal trainer at least 24 hours in advance result in loss of the session.

STEP TWO: Pilates Reformer Principals

Ages: 16 yrs +

In these two private sessions, learn the core principles and concepts of the Pilates method. Once you have completed the private sessions satisfactorily, you may move into the Beginning Pilates Reformer class, and as an extra benefit receive a \$10 discount coupon on future classes. Call 303-762-2678 to schedule your first private session.

Location: MRC

STEP THREE: Beginning Pilates Reformer

Ages: 16 yrs +

Beginning Pilates Reformer will start you on your Pilates road to success. Beginning Pilates Reformer is designed for those who have completed Essential Pilates Orientation and one session of Essential Pilates Principles or instructor's permission.

STEP FOUR: Continuing Pilates Reformer

Ages: 16 yrs +

Location: MRC

Build upon your skills to learn more dynamic exercises. Enroll in Continuing Pilates Reformer upon completion of four months of Beginning Pilates Reformer classes or with instructor's permission. *Location: MRC*



PILATES										
Class	Activity#	Dates	Days	Time	Instructor	Location	Fee	Res Fee		
STEP ONE Essential Pilates Orientation	42254111	8/30	W	6:05 – 7:05 РМ	Michael M.	MRC	:	\$10		
	42254112	9/27	М	6:05 – 7:05 рм	Michael M.	MRC	\$10			
	42254113	10/25	М	6:05 – 7:05 PM	Michael M.	MRC	RC \$10			
STEP TWO Pilates Reformer Principals	42254211	9/1 - 11/30	M – F	8:15 AM - 7:15 PM (Call to schedule)	Michael M.	MRC	\$86	\$69		
STEP THREE Beginning Pilates Reformer	42254311	9/1 – 9/29	W	5:00 – 6:00 РМ	Michael M.	MRC	\$80	\$64		
	42254312	10/6 – 10/27	W	5:00 – 6:00 РМ	Michael M.	MRC	\$64	\$51		
	42254313	11/3 - 11/17	W	5:00 - 6:00 PM	Michael M.	MRC	\$49	\$39		
STEP FOUR Continuing Pilates Reformer	42254411	9/13 – 9/27	М	11:00 AM - NOON	Michael M.	MRC	\$49	\$39		
	42254412	10/4 - 10/25	М	11:00 AM - NOON	Michael M.	MRC	\$64	\$51		
	42254413	11/1 - 11/29	М	11:00 AM - NOON	Michael M.	MRC	\$80	\$64		
	42254431	9/13 - 9/27	М	5:00 – 6:00 РМ	Michael M.	MRC	\$49	\$39		
	42254432	10/4 - 10/25	М	5:00 – 6:00 РМ	Michael M.	MRC	\$64	\$51		
	42254433	11/1 - 11/29	М	5:00 – 6:00 РМ	Michael M.	MRC	\$80	\$64		
	42254421	9/2 – 9/30	Th	11:00 AM - NOON	Michael M.	MRC	\$80	\$64		
	42254422	10/7 - 10/28	Th	11:00 AM - NOON	Michael M.	MRC	\$64	\$51		
	42254423	11/4 – 11/18	Th	11:00 AM - NOON	Michael M.	MRC	\$49	\$39		



MULTI-USE FIELD PLAYGROUND AT A GLANCE BAKER PARK 2200 W. Wesley Ave. / BARDE PARK 3150 S. Downing St. 1 BATES/LOGAN PARK 2938 S. Logan St. **BELLEVIEW PARK** 5001 S. Inca Dr. / **CENTENNIAL PARK** 4630 S. Decatur St. **CLARKSON PARK** 2795 S. Clarkson St. **COLORADO'S FINEST HIGH SCHOOL OF CHOICE** 300 W. Chenango Ave. **CUSHING PARK** 700 W. Dartmouth Ave. DUNCAN PARK 4880 S. Pennsylvania St. **EMERSON PARK** 2929 S. Emerson St. JASON PARK 4299 S. Jason St. **RIVERRUN TRAILHEAD** 2101 W. Oxford Ave. Access to Mary Carter Greenway Trail. "Surf the Platte" on Colorado's only river wave shaper. Learn more at endlesswaves.net/waves/river-run-park.

GET OUT AND EXPLORE!



Park and Open Space Area Hours: 7 days a week, 6:00 AM – 11:00 PM.

Park Use Permits: Required for groups of 15+ people who will use the park but do not require a pavilion. Commercial use of a park, including individuals or businesses organizing classes or services, requires a Park Use Permit, \$100 permit fee and evidence of additional insurance. No more than four Park Use Permits will be issued to the same group or individual during a calendar year. Call 303-762-2697 for more details about Park Use Permits.

Special Event Licenses: Call 303-762-2490 for Special Event requirements, fees and licenses.

Athletic Field Use: Athletic fields must be reserved in advance for any organized play or practice. Call 303-762-2697 for field rental information and availability.

Drug and Alcohol Policy: Alcohol and marijuana are prohibited in all Englewood Parks and Open Spaces.

No Smoking: All Englewood parks are smoke- and vape-free.

- 1. RiverRun Trailhead 2101 W. Oxford Ave.
- 2. Belleview Park 5001 S. Inca Dr.
- 4. Centennial Park*
- 5. Jason Park*
- 6. Bates/Logan Park 2938 S. Logan St.
- 7. Baker Park
- 8. Romans Park

- 3. Cushing Park 700 W. Dartmouth Ave.
- 4630 S. Decatur St.
- 4299 S. Jason St.
- 2200 W. Wesley Ave.
- 1800 E. Floyd Ave.
- 9. Rotolo Park 4401 S. Huron St.
- 10. Duncan Park* 4880 S. Pennsylvania St. 20. Emerson Park
- 11. Barde Park 3150 S. Downing St.
- 12. Miller Fields 3600 S. Elati St.

- 13.Brent Mayne & **Union Fields** 3501 W. Union Ave.
- 14. Colorado's Finest **High School** of Choice 300 W. Chenango Ave.
- 15. Canine Corral 4848 S. Windermere St.
- 16. Englewood **Community Garden** 601 W. Dartmouth Ave.
- 17. Northwest **Greenbelt*** Zuni St. to Pecos St.
- 18. Southwest Greenbelt Huron St. to Bannock St.
- 19. Clarkson Park 2795 S. Clarkson St.
- 2929 S. Emerson St.
- 21. Big Dry Creek **Trail Access** 4700 S. Wyandot St.

*Off-Leash Areas

DOGS IN YOUR PARKS

Please pick up after your dog and follow posted guidelines so everyone can enjoy your parks at all times.

Canine Corral: 4848 S. Windermere St. Open daily from 6 AM-11 PM. Dogs must be under voice command at all times and have current vaccinations. Additional requirements can be found online.

*Off-Leash Areas: Dogs may be off leash and under voice control during posted hours at Centennial Park, Duncan Park, Jason Park and Northwest Greenbelt.



Dogs must have current vaccinations and remain out of playgrounds, pavilions and athletic fields. Visit englewoodco.gov/offleash for additional information.

Park use and pavilion reservations will follow the most up-to-date health guidelines. Visit englewoodco.gov for details.

ROMANS PARK 1800 E. Floyd Ave.

ROTOLO PARK 4401 S. Huron St.



The City of Englewood 1000 Englewood Parkway Englewood, Colorado 80110 303-762-2300 www.englewoodco.gov PRSRT STD U.S. POSTAGE PAID Englewood, CO Permit No 534

